Research Paper

Reversal of Systemic Hypertension-Associated Cardiac Remodeling in Chronic Pressure Overload Myocardium by Ciglitazone

Brooke C. Henderson, Utpal Sen, Corey Reynolds, Karni S. Moshal, Alexander Ovechkin, Neetu Tyagi, Ganesh K. Kartha, Walter E. Rodriguez, Suresh C. Tyagi

Department of Physiology and Biophysics, University of Louisville, Louisville, KY 40202, USA

Correspondence to: Suresh C. Tyagi, PhD., Department of Physiology and Biophysics, University of Louisville, 500 South Preston Street. Tel: 502-852-3381; Fax: 502-852-6239

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Elevated oxidative stress has been characterized in numerous disorders including systemic hypertension, arterial stiffness, left ventricular hypertrophy (LVH) and heart failure. The peroxisome proliferator activated receptor gamma (PPAR γ) ameliorates oxidative stress and LVH. To test the hypothesis that PPAR γ decreased LVH and cardiac fibrosis in chronic pressure overload, in part, by increasing SOD, eNOS and elastin and decreasing NOX4, MMP and collagen synthesis and degradation, chronic pressure overload analogous to systemic hypertension was created in C57BL/6J mice by occluding the abdominal aorta above the kidneys (aortic stenosis-AS). The sham surgery was used as controls. Ciglitazone (CZ, a PPAR γ agonist, 4 µg/ml) was administered in drinking water. LV function was measured by M-Mode Echocardiography. We found that PPAR γ protein levels were increased by CZ. NOX-4 expression was increased by pressure-overload and such an increase was attenuated by CZ. SOD expression was not affected by CZ. Expression of iNOS was induced by pressure-overload, and such an increase was inhibited by CZ. Protein levels for MMP2, MMP-9, MMP-13 were induced and TIMP levels were decreased by pressure-overload and CZ ameliorated these levels. Collagen synthesis was increased and elastin levels were decreased by pressure-overload and CZ ameliorated these changes. Histochemistry showed that CZ inhibited interstitial and perivascular fibrosis. Echocardiography showed that CZ attenuated the systolic and diastolic LV dysfunction induced by pressure-overload. These observations suggested that CZ inhibited pressure-overload induced cardiac remodeling, and inhibition of an induction of NOX4, iNOS, MMP-2/MMP-13 expression and collagen synthesis/degradation may play a role in pressure-overload induced cardiac remodeling.

Key words: PPARy, NOX4, MMP, collagen, SOD, TIMP, iNOS, eNOS

1. Introduction

The communication and chemical gradient between the endothelium to myocyte and myocyte to myocyte is very important in maintaining the patency of the organ such as the heart. Extracellular matrix (ECM) connects the myocyte to myocyte, and to the endothelial cells [1]. Studies from our laboratory demonstrated a direct link between diastolic heart failure (DHF), interstitial fibrosis, and left ventricular hypertrophy (LVH). There was disconnection/uncoupling between cardiomyocytes and endothelial cells by MMP-mediated collagen breaks [2]. Although elevated oxidative stress has been characterized in numerous disorders including systemic hypertension, arterial stiffness, LVH, and DHF, the mechanism and link between oxidative stress and collagen breaks, LVH, DHF and fibrosis is unclear. Peroxinitrite-thiol (ONOO-HS-R) is an intermediate of nitrotyrosine formation. Generation of peroxinitrite leads to the activation of the latent myocardial resident MMPs and causes fibrosis [3]. Also, the formation of nitrotyrosine can be used as a measure of oxidative stress. The peroxisome proliferator activated receptor

gamma (PPARy) ameliorates oxidative stress and LVH [4, 5]. Reduced expression of PPAR causes LVH in a ventricular pressure overload model in mice [6]. In addition, administration of peroxisome proliferator reduces cardiac hypertrophy [7]. We and others have suggested decreased MMP activity by PPARy induction [8, 9]. Although PPARy agonists reduce cardiac dysfunction and induce anti-oxidant potential, the mechanism by which PPARy agonist reduces LVH and cardiac fibrosis is unclear. We hypothesize that PPARy decreases LVH and cardiac fibrosis in chronic pressure overload, in part, by increasing SOD, eNOS and elastin and decreasing NOX4 (NADPH oxidase MMP and collagen synthesis subunit), and degradation.

2. Materials and Methods

Animals

Wild-type C57BL/6J 8 weeks old male mice were obtained from Jackson Laboratories (Bar Harbor, Maine). These animals were kept in animal care facility of University of Louisville, where they were monitored daily. Animal protocols were performed in accordance to the National Institutes of Health guidelines and approved by the IACUC of the University Of Louisville School Of Medicine. All animals were fed rodent chow and housed in cycle of 12 hr light and 12 hr dark conditions. The room was kept at 24°C.

Pressure Overload and Systemic Hypertension Model

To mimic the condition where systemic hypertension imposed load on the heart, abdominal aortic banding above the kidneys was created. The mice were anesthetized with 2, 2, 2 tribromoethanol (TBE, 100 mg/kg of body weight, I. P.) (Sigma-Aldrich, St. Louis, MO). A midline incision was made to expose the abdominal area. The abdominal aorta was constricted (i.e. aortic stenosis-AS) by tightening a 6-0 nylon suture against a 25-gauge blunted needle with the needle being removed after the suture was secure. The sham animals underwent the same procedure without the banding. The incision was closed in layers and the animals were allowed to recover. Animals were weighed and tissues were harvested at 4 weeks for heart, kidneys, lungs and blood. The tissues were either snap frozen in liquid nitrogen or placed in 10% formalin.

Treatment Groups

To induce PPAR γ , ciglitazone (CZ, CalBiochem Corp) 4 µg/ml was administered in drinking water for 4 wks. The amount (4 µg/ml) of CZ is soluble in aqueous conditions: the binding constant between ciglitazone and PPAR γ is in the micromole range [10]. Based on the assumption that mice have a blood volume of ~2 ml and drink ~5 ml water/day, each will ingest ~2 mg/kg/day CZ. This produced a blood concentration of ~32 µMole/L, which was enough to saturate most binding sites on PPAR. In humans, 100 mg/day PPAR agonist has a potent effect [11]. The mice were treated for 4 weeks and grouped into: 1) Sham, 2) AS; 3) Sham+CZ; 4) AS+CZ.

Measurement of Echocardiography systolic and diastolic function

A Hewlett-Packard Sonos 5500 echocardiographic system equipped with a 15-MHz shallow-focus 15-6L phased-array transducer was used for measurements of LV function on TBE-anesthetized mice. The M-mode selection allowed for the visualization of systole and diastole within the beating heart. Also from M-mode LV wall thickness and diameter were assessed as well as ejection fraction (EDD-ESD/EDD).

Western Blot

Collagen, nitrotyrosine, SOD, NOX4, MMP, and TIMP-4 antibodies were from Santa Cruz Biotechnology (Santa Cruz, CA). eNOS and iNOS were from BD Biosciences (Franklin Lakes, NJ). Elastin antibody was from Chemicon (Temecula, CA). The LV extracts were prepared in an overnight cacodylic acid extracellular buffer (10mM/L Cacodylic Acid pH 5.0, 8.76g/L NaCl, 5mM/L ZnCl₂, 2.22 g/L CaCl₂, 0.098g/L NaN_3 , 100 μ L/L Trition X-100). The samples were assessed for protein concentration with a Bio-Rad assay (Philadelphia, PA) using the Bradford Method [20]. 20µg of the protein was mixed with equal volumes of reducing 1x SDS sample buffer. They were electrophoresed on 10% SDS-PAGE gels. The gel was then blotted onto a polyvinylidene difluoride membrane. After being transferred, blots were washed with Tris-buffered saline (TBS) for 5 min at room temperature and incubated in blocking buffer of 5% milk in Tris-buffered saline with 1% tween (TBST) for 1 h at room temperature. The blots were then incubated with the indicated primary antibodies (3% milk in TBST) overnight at 4°C using slow rocking. The blots were washed three times (for 15-min each) with TBST and incubated with HRP-conjugated secondary antibody (3% milk in TBST). After being washed three times (for 15-min each) with TBST, the proteins of interest were detected using an ECL plus kit (Amersham Biosciences, Piscataway, NJ). The membranes were then stripped using 0.2 M NaOH/ 0.1% SDS solution for 30 min at room temperature and reprobed for β -actin. Band densities were normalized to the untreated controls and presented as percentage changes.

Histology

The heart sections were placed in 10% formalin. The sections then underwent a graded alcohol dehydration process. The sections were fixed to a holder using paraplast and sat overnight. Then they were cut into 3 mm sections and stained with Sirius red for collagen (fibrosis) and H & E for cellularity. Optical light microscopy was performed at 40 X magnification.

Statistical Analysis

A sample size of n=11 was used in each group. The data was presented as the mean+/-SE. The difference was calculated statistically with the significance level of p < 0.05 using ANOVA followed by Bonferroni post hoc test.

3. Results

PPARy levels in pressure overload

The levels of PPAR γ were decreased in the LV of chronic pressure overload mice. The treatment with ciglitazone (CZ, a PPAR γ agonist) mitigated the decrease in aortic stenosis-mediated PPAR γ levels in mice with chronic pressure overload (Figure 1).

Levels of oxidative stress

To determine whether the increase in oxidative stress in chronic pressure overload is due to differential expression of Mn-SOD, NADPH oxidase, eNOS, iNOS and nitration of the tyrosine in proteins in the hearts of chronic pressure overload, we measured SOD, NOX4 (NADPH oxidase subunit), eNOS, iNOS and nitrotyrosine. Although it appears that CZ itself increased Mn-SOD expression (vs. sham), there were no change in the levels of SOD with or without AS. Although CZ itself increased NOX4 expression (vs.

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sham), but decreased the NOX4 expression induced by AS (Figure 2). The levels of eNOS was decreased in aortic stenosis-induced pressure overload mice, there was no effect of CZ on this decrease. The levels of iNOS were increased in pressure overload. The treatment with CZ mitigated this increase in iNOS. The levels of total nitrotyrosine proteins were increased in chronic pressure overload mice. In addition, CZ itself increased nitrotyrosine expression (vs. sham) (Figure 3). These results suggest that pressure overload induces NOX4, and iNOS; but decreases eNOS and had no effect on SOD. The treatment with CZ ameliorated the increase in NOX4 and iNOS but had no decrease in eNOS levels.



Figure 1: Western blot analysis of PPAR γ in LV: The LV tissue homogenates from Sham, aortic-stenosis (AS), Sham + CZ and AS+CZ mice were prepared. The levels of PPAR γ were measured by immuno-blots using PPAR γ antibody. Beta-actin was used as control. The scanned data of the blots were represented by bar graphs. *p<0.05 compared to Sham; ** p<0.05 compared to AS; n=6 in each group.



Figure 2: Western blot analysis of Mn-SOD, and NOX4 in LV: The LV tissue homogenates from Sham, aortic-stenosis (AS), Sham + CZ and AS+CZ mice were prepared. The levels of SOD and NOX4 were measured by immuno-blots using respective antibodies. β -actin for equal loading; graphs represent scan data for band intensities; *p<0.05 compared to sham; ** p<0.05 compared to AS; n=6 in each group.



Figure 3: Western blot analysis of eNOS, iNOS and total nitrotyrosine (NO₂-T) in LV: The tissue homogenates from Sham, aortic-stenosis (AS), Sham + CZ and AS+CZ mice were prepared. The levels of eNOS, iNOS and protein nitrotyrosine were measured by immuno-blots using respective antibodies. β -actin was used for equal loading; graphs represent scan data for band intensities; *p<0.05 compared to sham; ** p<0.05 compared to AS; n=6 in each group.

Matrix remodeling

The levels of MMP-2 were increased, and CZ mitigated this increased in AS mice. The CZ itself increased MMP-9 expression (vs. sham), but decreased the MMP-9 expression induced by AS. The levels of MMP-13 were increase in pressure overload, and CZ ameliorated this increase. To determine whether the increase in MMP levels is associated with decrease in cardiac specific TIMP (TIMP-4), we measured the levels of TIMP-4. The levels of TIMP-4 were decreased in pressure overload. The treatment with CZ mitigated this decrease (Figure 4). To determine whether the increase in MMP caused collagen breaks, we measured the collagen alpha-chain expression and collagen

fragments. The results suggested that although there was robust increase in collagen synthesis, there was significant degradation (i.e. fragmentation of intact collagen alpha chain were increased in AS) [Figure 5]. To determine where cardiac fibrosis is due to increase in collagen/elastin, we measure elastin levels. The results suggest that there was decrease in elastin expression in chronic pressure overload. The treatment with CZ ameliorated both the collagen degradation and decrease in elastin expression (Figure 5). There was robust interstitial and perivascular fibrosis in the LV of chronic pressure overload. The treatment with CZ mitigated the interstitial and perivascular fibrosis (Figure 6).



Figure 4: Western blot analysis of LV levels of MMP-2, -9, -13 and cardiac specific TIMP-4: The LV tissue homogenates from Sham, aortic-stenosis (AS), Sham + CZ and AS+CZ mice were analyzed for MMP-2, -9, -13 and TIMP-4 using respective antibodies. β -actin was used for equal loading; graphs represent scan data for band intensities; *p<0.05 compared to sham; ** p<0.05 compared to AS; n=6 in each group.



Figure 5: Western blot analysis of collagen (alpha-chain, 100 kDa), collagen fragments, and elastin in LV: The tissue homogenates from Sham, aortic-stenosis (AS), Sham + CZ and AS+CZ mice were prepared. The levels of collagen (alpha-chain), collagen fragments, and elastin were measured by immuno-blots using respective antibodies. β -actin was used for equal loading; graphs represent scan data for band intensities; *p<0.05 compared to sham; ** p<0.05 compared to AS; n=6 in each group.



Figure 6: Representative sections of formalin-fixed tissue section analysis by histological staining with Sirius Red (SR) for collagen and Hematoxin-eosin (HE) for cellularity of hearts from sham, AS, sham+CZ and AS+CZ mice.



Figure 7: M-mode echocardiography of sham, AS, sham+CZ and AS+CZ hearts. The white arrow indicates the LV end systolic diameter. Note arrow is bigger in AS than other groups. The bar graph represents the LV end systolic diameters of sham, AS, sham+CZ and AS+CZ mice. p<0.05 compared to sham; ** p<0.05 compared to AS; n=6 in each group.

LV function

The M-mode Echocardiographic measurements revealed that there was increase in LV end-systolic and diastolic diameters in AS mice (Table 1 and Figure 7). The treatment with CZ mitigated this increase in LV size. These data suggested significant systolic and diastolic dysfunction in AS-induced pressure overload mice.

Table 1: Gravimetric and Echocardiography parameters at 4 weeks: Body weight (BW), heart weights (HW), and lung weight of sham and aortic stenosis (AS) mice treated with and without CZ. Left ventricular end diastolic diameter (LVEDd), Left ventricular end systolic diameter (LVESd), fractional shortening (FS), and ejection fraction (EF).

	Sham	AS	Sham+CZ	AS+CZ
	n=11	n=11	n=11	n=11
Body weight, g	27 <u>+</u> 1	28 <u>+</u> 2	27 <u>+</u> 1	26 <u>+</u> 2
Heart weight, g	0.11±0.01	0.21±0.02*	0.11 <u>+</u> 0.01	0.16 <u>+</u> 0.02**
Lung weight, g	0.18 <u>+</u> 0.02	0.36 <u>+</u> 0.02*	0.19 <u>+</u> 0.01	0.24 <u>+</u> 0.03**
HW/BW (mg/g)	3.7 <u>+</u> 0.4	7.2 <u>+</u> 0.7*	4.0 <u>+</u> 0.4	6.0 <u>+</u> 0.5**
LVEDd (mm)	2.79±0.06	3.76±0.04*	2.84+0.05	3.29+0.03
LVESd (mm)	1.36±0.03	2.2±0.1*	1.19 <u>+</u> 0.03	1.69 <u>+</u> 0.04**
EF %	90±2	67±2*	92 <u>+</u> 2	83 <u>+</u> 2**
FS %	60±2	43±1*	59 <u>+</u> 1.5	51 <u>+</u> 1**

* p<0.05 compared with sham; ** p< 0.05 compared with AS.

4. Discussion

To determine the role of collagen degradation in cardiac hypertrophy, we previously [2] examined the effect of pressure overload on extracellular matrix activity, composition, cardiac function and remodeling in collagen mutant transgenic animals. We showed that pressure overload caused an increase in oxidative stress and expression/activity of MMP-2/9, leading to myocardial hypertrophy and heart failure [2]. In the present study we extended the notion that oxidative stress MMP activation with collagen degradation is a pre-requisite for LVH and heart failure. The AS-induced increase in MMP and decrease in TIMP was mitigated by PPARy. There was increase in collagen synthesis and degradation and decrease in elastin content in AS-induced cardiac failure, however, the treatment with PPARy normalized the levels of elastin and collagen degradation.

Although we showed that CZ decreased NOX4 levels in the LV tissues of AS-model, the effects of CZ on other NOX family protein expression is unclear. However, it would be important to examine whether CZ decreased NADPH oxidase activity in the LV tissues. Others have suggested induction of SOD and reduction of NOX4 by PPAR γ agonist [12-14], Here we demonstrated a differential expression of SOD and NOX4 in chronic pressure overload myocardium. The levels of SOD did not affected but the levels of NOX4 were ameliorated by ciglitazone in aortic stenosis model of systemic hypertension. This study suggested that PPAR γ effected only the formation of super oxide, but had no effect on the sequestration of super oxide free radicals.

Although generation of peroxynitrite leads to the activation of the latent myocardial resident MMPs and causes fibrosis, in pressure overload model, levels of eNOS were decreased and those of iNOS and nitrotyrosine were increased. CZ only ameliorated the iNOS but have no effect on eNOS or nitrotyrosine levels. Our data suggested that CZ decreased MMP-2/-13 levels, even though it was not able to ameliorate oxidative marker, nitrotyrosine levels. It may suggest that CZ mediated anti-oxidative properties caused decrease in MMP activation. In addition, we observed that CZ did not ameliorate the increase in nitrotyrosine levels in this model. The differential expression of eNOS and iNOS in pressure overload may suggest that the location of NO is more important than the amount of NO. The pressure overload decreased eNOS and increased the iNOS. The generation of NO in the ECM milieu oxidized the TIMPs by nitrosylation and caused the activation of latent resident MMPs [3]. There was robust increase in total nitrotyrosine in AS as compared to sham. However, PPARy has no ameliorative effects on eNOS but mitigated the induction of iNOS in AS mice. This may suggest that iNOS is influenced by the levels of PPARy and the PPARy directly influenced the expression of iNOS in pressure overload myocardium. PPARy has no effect on total nitrosylation. This differential effects of PPARy on eNOS, iNOS and

nitrotyrosine suggest that iNOS is influenced by PPAR γ however the levels of nitrosylation are independent on PPAR γ levels.

CZ decreased MMP-2/-13, but not MMP-9 levels in the LV tissues. This may suggest that MMP-9 activation is also dependent on ROS. It is a paradox that if CZ exerts beneficial effects on LV function in this model via anti-oxidative properties, the MMP should not be inhibited. Studies [15] reported interstitial collagen deposition, collagen content or collagen metabolites in the pathological hearts, here, we reported that the interstitial fibrosis in pressure overload was due in part to increase in MMP and decrease in TIMP. Because LV hypertrophy is associated with marked interstitial fibrosis [15], a decrease in MMP is associated with reduced LV hypertrophy, and may not justify the hypothesis that LV hypertrophy is due to increased MMPs. Also it is possible that increased MMP-9 is a compensatory response to increased collagen production, rather than a cause of LV hypertrophy. However, it is a paradox that MMP activation and cardiac fibrosis track together. This paradox can be explained by considering turnover of the degraded matrix proteins. It is well known that both MMP-2 and -9 are collagenases, as well as excellent elastases. Because turnover of elastin is slower than collagen, therefore, degraded elastin is replaced by oxidatively modified collagen, leading to fibrosis. Furthermore, the activation of MMP transducers proteolytic stress that causes myocyte hypertrophy [16].

Previous studies have shown decrease in MMP-2 activity and TIMP-1 expression in hypertension and associated cardiac fibrosis, stiffness and impaired cardiac diastolic relaxation [17]. The MMP-9 activation and decrease in TIMP-4 expression were linked to cardiac dilatation and heart failure [18]. This leads to robust increase in MMP-9/TIMP-4 ratio causing cardiac systolic myocyte slippage and failure. Although it is well known that there is significant systolic and diastolic dysfunction in AS-induced pressure overload mice. The CZ mitigates the cardiac dysfunction of the mice with AS, in part, by increasing TIMP-4.

Coordination between angiogenesis and cardiac hypertrophy (LVH) is the hallmark of compensatory response to heart failure; however, a disruption in coordination between cardiac hypertrophy and angiogenesis contributes to the transition to heart failure [19]. The angiogenesis, LVH and fibrosis track together, therefore, in the absence of blood supply to the myocardium at risk, the lack of angiogenesis by increase angiostatic factors leads to fibrotic and LVH conditions. Although, it is a paradox that activation of MMP is needed to disruption of the matrix during angiogenesis and to create new blood vessels, or opening the collaterals, however, the peptides generated by MMP activation are angiostatic [20, 21]. Early studies by Folkman et al [20, 21] suggested endostatin and angiostatin generated by MMP action on collagen-18 and plasminogen, respectively, inhibit tumor angiogenesis. In addition, the vasostatin is generated by degradation of calreticulin [22], tumstatin [23], arresten [24] and canstatin [25] by degradation of collagen-4 and restin [26] is generated by degradation of collagen-15. The increase in MMPs (Figure 4) in pressure overload is consistent with the notion that MMPs cause discoordinated matrix degradation leading to decompensatory hypertrophy and heart failure by generating angiostatic factors. This explains however, MMP, TIMP and LVH may co-exist.

Limitations

One of the major concerns is the lack of the evidence indicating that observed effects of CZ is mediated by PPAR γ by itself. It is known that CZ is known to be an agonist of PPAR γ and Western blot analysis showed that PPAR γ protein expression was clearly induced by CZ treatment. Figure 1 showed that PPAR γ expression was increased in sham-operated heart and suggested that CZ systemically induced PPAR γ . It is important to show whether CZ treatment induces PPAR γ expression in others tissues including kidney and lung, and whether expression of PPARalpha or PPARdelta were not affected by CZ. In addition, it is important to show that CZ induces PPAR γ at the mRNA levels.

Second, mechanistic analyses of the PPAR γ induction by CZ should be performed because thiazolidine derivatives are known to exert their effects by activating PPAR γ or by acting as antioxidants independent of PPAR γ activation. In vitro experiments to determine whether CZ induces PPAR γ expression by PPAR γ -dependent or PPAR γ -independent mechanisms will be helpful.

Third, we harvested heart 4 weeks after aortic banding. During this period, myocardium responses dynamically, from adaptive phase to maladaptive phase. Thus, in order to show the effect of CZ on cardiac remodeling more precisely, it is important to show the time-course of the gene expression, for example, at day 1, 7, 14 and 28. These studies are in progress.

It is also likely that some synthetic PPAR antagonists, like GW9662, could be helpful in illustrating the mechanism of potential changes in the transcription levels. In Figure 2, we described that CZ increased the expression of NOX4 in the sham-operated group. But CZ reduced the increase of NOX4 expression caused by AS. Similarly, the MMP9 result (Figure 4) has a similar paradox. Although this is not theoretically impossible but is certainly a bizarre finding and can be explained if one assumes that CZ in the absence of injury may stimulate the compensatory responses. There is a study showing that CZ can activate pro-MMP-2 [27]. However, it is in a different cell type, at the enzyme activity level, and may occur under a different set of conditions (like oxidative environment).

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Conflict of interest

The authors have declared that no conflict of interest exists.

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