International Journal of Biological Sciences

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Review

Krüppel-like family of transcription factors: an emerging new frontier in fat biology

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Received: 2009.09.11; Accepted: 2009.09.28; Published: 2009.10.01

Abstract

In mammals, adipose tissue stores energy in the form of fat. The ability to regulate fat storage is essential for the growth, development and reproduction of most animals, thus any abnormalities caused by excess fat accumulation can result in pathological conditions which are linked to several interrelated diseases, such as cardiovascular diseases, diabetes, and obesity. In recent years significant effort has been applied to understand basic mechanism of fat accumulation in mammalian system. Work in mouse has shown that the family of Krüppel-like factors (KLFs), a conserved and important class of transcription factors, regulates adipocyte differentiation in mammals. However, how fat storage is coordinated in response to positive and negative feedback signals is still poorly understood. To address mechanisms underlying fat storage we have studied two Caenorhabditis elegans KLFs and demonstrate that both worm klfs are key regulators of fat metabolism in C. elegans. These results provide the first in vivo evidence supporting essential regulatory roles for KLFs in fat metabolism in C. elegans and shed light on the human counterpart in disease-gene association. This finding allows us to pursue a more comprehensive approach to understand fat biology and provides an opportunity to learn about the cascade of events that regulate KLF activation, repression and interaction with other factors in exerting its biological function at an organismal level. In this review, we provide an overview of the most current information on the key regulatory components in fat biology, synthesize the diverse literature, pose new questions, and propose a new model organism for understanding fat biology using KLFs as the central theme.

Key words: *C. elegans*, Ce-KLF-1, Ce-KLF-3, fat storage, Krüppel-like factors, KLF, Obesity, PPAR, C/EBP, SREBP proteins, Transcription factor

Introduction

Urbanization, sedentary life-styles, and an over abundance of high caloric foods in human populations have collectively created conditions in which the primordial metabolic pathways that evolved to extract optimal energy from the environment have be-

gun to function out of control [1]. Energy reserve is a basic property universal to all animals, from the simplest of organisms, such as *C. elegans*, to the highly complex, such as humans, allowing organisms in their readiness to continue life in fasting and starvation. In

mammals, excess fat is stored in adipose tissue and, when needed, is able to provide energy. As a complex, multi-factorial trait driven by natural selection based upon food availability, fat storage is highly regulated and dynamically balanced with energy consumption in physiological settings; its perturbation in either excess (obese) or deficiency (lipodystrophy) has devastating pathologic consequences in the homeostasis and fitness of an organism. The abnormalities caused by excess fat accumulation can result in pathological conditions which are linked to several interrelated diseases, such as cardiovascular disease and obesity. This set of conditions, known as metabolic syndrome, is a global pandemic of enormous medical, economic, and social concern affecting a significant portion of the world's population. Human obesity reflects an imbalance between energy expenditure and caloric intake resulting from an increase in either the number or the size of fat cells, or both, and is induced by the enlargement of adipocytes as well as the generation of new adipocytes from precursor cells [2]. The differentiation of adipocytes consists of two distinctive steps, i.e., determination (fibroblasts to preadipocytes) and commitment (preadipocytes to adipocytes) [2]. Although it is clear that genetics, physiology and environmental components play a major role in the onset of obesity, little is known about how or to what extent each of these factors contributes to it. In addition, there are several other key factors, such as dietary habits and sedentary lifestyles, which are also responsible for excess fat accumulation in the body.

The obese state preconditions insulin resistance and negatively impacts pancreatic β -cell function [3], two hallmarks of type 2 diabetes, a serious metabolic disease and health concern for worldwide populations. Obesity is further a risk factor for the development of cardiovascular disease [4]. As adipose tissue stores fat the amount of adipose tissue which can be altered under the influence of various physiological conditions in an animal may be a determinant of energy homeostasis. In recent years, many labs have endeavored to understand the mechanisms that govern adipose tissue differentiation and function. Investigations into preadipocyte and fibroblast cultured cell lines have produced an abundance of data concerning the transcriptional cascade governing adipogenesis. These observations have been tested in transgenic and knockout mouse. As a result, a complex network of transcription factors has emerged which includes several activators, co-activators, and repressors which coordinate the expression of hundreds of proteins that take part in the development of mature fat cells under the influence of important signaling pathways [5]. Three classes of transcription

factors have been identified that directly influence fat cell development. These include members of PPAR_Y (Peroxisome proliferator-activated receptors), C/EBPa, (CCAAT/enhancer-binding proteins) and the basic-helix-loop-helix protein ADD1/SREBP (Sterol regulatory element binding proteins) families that are essential factors in mammalian adipogenesis [6, 7]. In recent years, several members of the mammalian Krüppel-like factor, KLF, family have been identified to be key players in the transcription network controlling preadipocyte formation, adipogenesis, lipogenesis, and obesity.

Thus far 17 members of the KLF family have been identified and characterized across mammalian systems [8, 9, 10], out of which 7 members of KLF family have definite role in adipogenesis. The question of what the specific regulatory role of this family of genes in overall adipogenesis is, however, remains unclear. Insight about how KLFs influence the development and regulation of fat storage came from studies which used established murine cell lines (3T3-L1, 3T3-F442A) and knockout mice. However, in vivo and in vitro mouse models provide only partial information [11], and the main limitation at present being the existence of instances in which predictions concerning adipose function do not translate well from mouse to human [4]. A genetically tractable model could bolster the speed of research on fat metabolism which can detect new genes and pathways with significant roles in fat metabolism.

One of the most challenging tasks in this line of research is to identify the genetic machinery of fat storage. Many years of development in C. elegans research shows that this microscopic organism can be an excellent eukaryotic genetic model which may enable us to answer many questions concerning fat storage which yet remain unresolved. In the search for possible treatments for obesity, the C. elegans model should be investigated in order to explore the genetic component of fat storage. The free-living roundworm, C. elegans (commonly referred to as the worm), has become an increasingly useful experimental model in the study of genetic manipulations and overall animal physiology. Although a direct comparison between human disease pathology and C. elegans-mutant phenotypes is difficult, C. elegans assays mimic certain pathologies thereby assisting in our understanding of the molecular mechanisms that underlie human metabolic disorders. We provide a brief overview of what is currently known of the key components in fat biology, synthesize the diverse literature, suggest novel avenues of research, and propose a new model organism, for use in the study of fat storage. Over all we expect to exploit the unique features of C. elegans

to provide a detailed mechanistic description of fat accumulation, including the identification of additional and as of yet uncharacterized components of the *C. elegans* fat storage pathway. Understanding this pathway may plausibly lead to the development of new strategies in the treatment of obesity. For example, drugs that block or facilitate the efforts of key proteins involved in fat accumulation can potentially be developed. We present a synopsis of some of the important regulatory factors involved in adipogenesis and lipogenesis (Table 1). This review focuses on the main regulators of fat metabolism with an emphasis on the Krüppel-like factors (KLFs) which govern many distinct developmental and physiological processes and are thought to function via their engagement with different coactivators and repressors.

Transcriptional control of adipogenesis

In order to better understand the mechanism underlying adipogenesis the differentiation of adipocytes is used as a model system for the study of terminal cell differentiation. This is partly due to the existence of well characterized cell lines such as the 3T3-L1 preadipocyte that can be differentiated in vitro. The proliferation and differentiation of preadipocytes is characterized by apparent changes in the pattern of gene expression that are achieved by the orderly induction of transcription factors. When exposed to correct hormonal stimuli, 3T3-L1 fibroblasts become fat-loaded adipocytes in approximately 7 days [12, 13, 14]. This transformation is accompanied by the expression of a number of adipocyte-specific factors as well as cell-cycle regulators that cooperatively facilitate the expression of the major transcription factors PPARy and C/EBPa. The designated cells undergo a terminal differentiation that is marked by both the production of lipid droplets and the appearance of the many metabolic factors unique to a developed fat cell. The current model for adipocyte differentiation suggests that during the entire differentiation process there are several essential molecular interactions that occur among members of C/EBP, the PPAR families and the basic-helix-loop-helix protein ADD1/SREBP1c [6, 7]. C/EBPβ and C/EBPδ induce PPARy, which in turn initiates the adipogenic program that is required to promote fat cell differentiation [15]. C/EBPa induces PPARy, and continues to maintain PPARy levels whilst conferring insulin sensitivity to adipocytes [16].

PPARs and C/EBPs: the master minds of adipogenesis

Both PPARs and C/EBP regulate fat, glucose, and cholesterol homeostasis. Members of the PPARs

family, such as PPAR γ , PPAR α , and PPAR δ , are ligand-activated transcription factors belonging to the nuclear hormone receptor (NHR) superfamily. The C/EBP family, whose members include C/EBP α , C/EBP β , and C/EBP δ , belong to the basic leucine zipper class of transcription factors. PPAR γ and PPAR α are expressed predominantly in adipose and liver tissue, respectively, while PPAR δ is expressed in a variety of tissues, including adipose, brain, and skin tissue [17]. Within the C/EBP family, C/EBP α , C/EBP β , and C/EBP δ are expressed primarily in adipose tissue and are associated with the maintainance of terminally differentiated adipocytes [18, 19].

The transcriptional cascade leading to adipogenesis involves hormonal stimulation followed by the rapid expression of C/EBP β and C/EBP δ [9]. Within 48 hrs, the expression levels of these proteins peak and begin to decline, an occurrence which coincides with a rise in C/EBPa and PPARy levels. PPARy and C/EBPa induce each other's expression in a positive feedback loop, thereby maintaining the dif-[20]. ferentiated cell state Studies using loss-of-function mutants have shown that cells lacking PPARy in vivo and in vitro express reduced levels of C/EBPa and are unable to undergo adipogenesis [11]. Conversely, cells without C/EBPa are capable of adipocyte differentiation but are insulin resistant, even in the presence of PPARy [21]. These reports suggest that C/EBPa and PPARy traverse a codependent path, and that C/EBPa requires PPARy for normal cell differentiation [20]. Several studies using cell transfection assay as well as mouse mutants implicate PPARy as the central regulator in adipocyte differentiation. Ectopic expression of PPARy promotes the differentiation of preadipocytes into adipocytes [22]. In vivo mouse experiments show that cells lacking in PPARy do not participate in the formation of fat tissue [11]. In vitro, PPARy-null cells in both stem cells and fibroblasts are unable to undergo adipogenesis [11, 20, 23], and the expression of PPAR_Y is able to restore adipogenesis in these cells. These experiments demonstrate the critical importance of PPARγ in adipogenesis.

The two N-terminal variants of PPAR γ are evidently formed by their use of an alternative promoter and an alternative first exon. Also, PPAR γ 2 possesses an additional 30 amino acids at its extreme N terminus and its expression is more adipose-specific [24]. In mammals, naturally occurring mutations in PPAR γ are associated with severe lipodystrophy [25] and efforts to identify the site at which ligand binding to PPAR γ occur have been unsuccessful in pharmaceutical development. There exist varieties of

fatty-acid-derived molecules that have been shown to bond to PPAR γ , but their binding affinity is too low for them to be true ligands. However, there also exists evidence which shows that the binding and activation of PPARy by a high affinity endogenous ligand is not necessary for adipogenesis [26]. As an NHR, PPARy contains a a-helix 3 ligand-binding domain at its C terminus. As a result of a screening of colon cancer cells Sarraf and colleague (1999) identified a mutation in the α -helix 3 ligand-binding domain that caused a glutamine-to-proline shift at residue 286 (Q286P) [27]. They found that without agonist treatment, wild-type PPARy and mutant PPARy Q286P were both adipogenic. This would suggest that the activation of these proteins is not dependent on PPARy agonist ligands under physiological conditions [26]. There has been also report that PPARs play significant roles in both type-2-diabetes and atherosclerosis [28]. It is known that antidiabetic drugs, thiazolidinediones, act as PPARy-agonists that block vascular smooth muscle cell growth and migration, thus potentially reducing atherosclerosis [29]. Whereas PPARδ has been linked to lipid accumulation in human macrophages that leads to atherosclerosis, arthritis, and neourodegeneration [30], the PPARa acts as a heterodimer with the retinoid X receptor [31], inducing the transcription of target genes involved in fat metabolism. Unsuitable signaling by retinoid X complexes contributes to a host of severe pathologies which includes diabetes, heart disease, and obesity. PPARa is an essential regulator in fatty acid metabolism whose activation results in reduced serum levels of triacylglycerides, free fatty acids, and cholesterol. Consequently, synthetic PPARa ligands are known to be efficient lipid-lowering drugs used in the treatment of diabetes [32]. The discovery of PPARs and C/EBPs has paved the way for new avenues in lipid research by advancing our knowledge about adipogenesis at a molecular-level.

Sterol regulatory element binding proteins (SREBPs): the housekeepers of lipid homeostasis

Aside from core adipogenic factors, PPARs and C/EBP, regulatory factor that impact adipogenesis has been identified. The sterol regulatory element binding proteins (SREBPs) regulate lipid homeostasis by controlling the expression of a range of enzymes required for endogenous cholesterol, fatty acid (FA), triacylglycerol and phospholipid synthesis [33]. SREBP protein is essentially a housekeeping protein responsible for the regulation of the lipid composition of cell membranes, contributing to overall lipid homeostasis. There are three SREBP isoforms, SREBP-1a,

SREBP-1c and SREBP-2 known thus far. However, each SREBP isoform possesses exclusive regulation and activation properties that facilitate the co-ordinate regulation of lipid metabolism [33] and is found as a membrane-bound precursor in the endoplasmic reticulum. Membrane lipids (sterols and polyunsaturated fatty acids) control SREBP activities through feedback mechanisms. While SREBP-1a and SREBP-1c selectively induce the expression of genes involved in fatty acid biosynthesis [34], SREBP-1c is additionally involved in adipose differentiation [35]. Kim and colleagues (1998a) have shown that the expression of SREBP-1c increases in response to insulin, in 3T3-L1 adipocytes and in turn putatively controls the regulation of adipogenesis [36]. By analogy, the ectopic expression of a dominant-negative SREBP-1c prevents preadipocyte differentiation [37] and facilitates PPARy activity through the production of an endogenous ligand [38]. Interestingly, SREBP-2 acts as a putative gene inducer functioning in the cholesterol biosynthesis pathway [33].

The most toxic of the congeners, 2,3,7,8-Tetrachlorodibenzo-p-dioxin, up-regulates SREBP activity in the liver while down-regulating its activity in adipose tissue [39]. Collectively these metabolic changes may be linked to the onset of wasting syndrome. This syndrome results in a disordered distribution of lipids resulting in diabetes-like symptoms and a fatty liver pathology [40]. The importance of tight regulatory activities of SREBPs in the fat storage pathway is evident, we still know little about the effects of SREBPs on overall animal physiology. Because of the lack of a suitable model organism, the majority of physiological insights are generated from in vitro studies. Six years ago, McKay and colleagues [41] investigated C. elegans as a model organism for use in the study of the molecular mechanisms that control adipocyte formation. They took advantage of the complete genome sequence available С. on the elegans data base (www.wormbase.org). The existence of C. elegans homologs of mammalian SREBP and C/EBP led these researchers to examine whether C. elegans SREBP and C/EBP have roles in fat storage. The Ce-SREBP (Y47D3B.7; *lpd-1*) is exclusively expressed in the intestines while Ce-C/EBP (C48E7.3; lpd-2) is weakly yet extensively expressed in the nervous system (www.wormbase.org). Disruption of either C/EBP or by RNAi SREBP results in pale, skinny, lipid-depleted, and developmentally-arrested worms [41]. Although both SREBP and C/EBP RNAi worms did eat and defecate normally, they did not possess fat granules. This data suggests that the SREBP and C/EBP required for mammalian adipocyte

differentiation are also essential for the fat storage in the worms. Interestingly, SREBP and C/EBP regulate the expression of the same lipogenic enzymes in both worms and mammals [41]. The role of SREBPs in adipogenesis and the connection between SREBPs and metabolic disorders remains to be a division of fat biology in which important discoveries continue to be made. The data obtained concerning worm SREBP and C/EBP in relation to their function in fat accumulation has the potential to serve as a model for mammalian fat storage. The C. elegans possesses a clear homolog of C/EBP, of the 284 NHRs encoded by the C. elegans genome, however, none exhibit sequence identity with PPARs. C. elegans possesses several genes which display similarity to PPARy, making the identification and investigation of a potential PPARy homolog difficult [42].

Other adipogenic factors

In addition to PPARy, C/EBPs, and SREBPs, a number of other factors have been recently found to be involved in the regulation of adipogenesis, for example FoxO1. It has been shown that the overexpression of a constitutively active fork-head containing transcription factor FoxO1 in 3T3-L1 preadipocytes blocks adipogenesis by increasing cyclin-kinase inhibitor p21 expression and blocking clonal expansion [43]. Further study has shown that FoxA2 inhibits adipogenesis by inducing the expression of preadipocyte factor-1 (DLK1/Pref-1) [44]. Still, the expression of the third member of the family, FoxC2, is confined to adipose tissue in mice, supporting only the differentiation of brown adipocytes, not white adipocytes [45]. Another adipogenic factor, the zinc finger-containing transcription factor Krox20 (early growth response gene 2, or Egr2) has reported to act early in the adipogenic program of 3T3-L1 cells and seems to contribute to the induction of C/EBP β expression. This induction may occur by activating another intermediary transcription factor, such as a homeobox family protein. GATA factor family of transcription factor has been known for its importance in many gene regulations in diverse physiological processes. GATA2 suppresses adipogenesis [46].

During cell differentiation, the expression of GATA2 is down-regulated, thus exerting its negative effects on adipogenesis by suppressing *pparg2* promoter activity [47]. After extensive search of body of literatures indicates that although many transcription factors have essential regulatory roles in adipose cell differentiation, it is likely that most of these factors interact with PPAR γ and the C/EBPs, these two proteins remain the master regulators of adipogenesis.

Krüppel-like factors (KLFs): the new kids on the block

The Krüppel-like factors are an important family of Cys₂/His₂ zinc-finger DNA-binding proteins homologous to the Drosophila melanogaster segmentation gene product, Krüppel. The C terminus zinc fingers bind to the CACCC/GC/GT-box found in the regulatory regions of genes, controlling various biological processes [48]. The N terminus is highly variable and involved in gene activation, gene repression, or both, as well as in protein-protein interactions [48]. KLFs are known to participate in cell proliferation, differentiation, hematopoiesis [49, 50, 51], and cell cycle progression [52]. All KLFs bind to similar DNA sequences which consist of CACCC or related GC-rich elements in the promoter and enhancer regions, an occurrence which leads to a remarkable overlap in the target genes that KLFs regulate. Despite these common features, the majority of KLFs have unique tissue-specific roles, a fact which explains why the exact function of KLFs in vivo as well as their target specificity is poorly understood. Eight members of mammalian KLFs: KLF2, KLF3, KLF4, KLF5, KLF6, KLF7, KLF-11 and KLF15 have been identified as key components of transcription network responsible for controlling adipocyte differentiation, adipogenesis, and obesity [53-57]. Interestingly, the functional CACCC binding sites are found in the control region of key adipogenic factors, such as C/ebpa and PPARy. We will focus on these KLFs, the variability in their expression patterns during adipocyte differentiation, and their effects on adipogenesis and gene expression (Table-1).

Term or acronym	Definition	Role(s)
CPB	p300/cAMP response element-binding protein	A transcriptional co-activator
CREB	cAMP response element binding	A transcription factor that regulates gene expression in con- junction with cAMP
C/EBPa	CCAAT/enhancer-binding protein alpha	Involved in insulin resistance in cells
C/EBPβ	CCAAT/enhancer binding protein beta	Can activate KLF5 transcription
C/EBPð	CCAAT/enhancer binding protein delta	Can activate KLF5 transcription
CtBP	C-terminal binding protein	A transcriptional repressor, Repressor of proapoptotic genes
DAF	Insulin receptor-like	Insulin-like receptor in worm
FAT	Delta-9 fatty acid desaturation enzyme genes	Genes involved in the synthesis of $\Delta 9$ desaturase
FOXO	A subset of the Forkhead box "FOX" family of tran- scription factors	Transcription factors involved in a wide array or processes; involved in insulin signaling
GLUT4	Insulin-regulated glucose transporter 4	Involved in insulin-regulated glucose disposal
HDAC3	Histone deacetylase 3	A transcriptional repressor
HIT-T15	Cell line derived from human pancreatic islet beta cells	Used as a model system for fat biology
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KLF	Krüppel-like factor	Transcription factors involved in a wide array of cellular proc- esses; regulation of adipogensis
KLF2	Krüppel-like factor 2.	Negative regulator of adipocyte differentiation and adipo- genesis
KLF3	Krüppel-like factor 3	Negative regulator of adipogenesis
KLF4	Krüppel-like factor 4	Positive regulation of adipogenesis; can down regulate C/EBPß levels
KLF5	Krüppel-like factor 5.	Involved in the induction of PPARy and positive regulation of adipogenesis
KLF6	Krüppel-like factor 6	Positive regulator of adipogenesis through PPARy
KLF7	Krüppel-like factor 7	Negative regulator of adipogenesis through insulin regulation
KLF11	Krüppel-like factor 11	glucose-induced regulator of the insulin gene
KLF15	Krüppel-like factor 15	Preadipocyte differentiation to adipocytes, positive regulator of adipogenesis
NHR	Nuclear hormone receptor	Regulates fat usage
NHR-49	Nuclear hormone receptor 49	Control consumption of fat and maintains a normal balance of fatty acids
NHR-80	Nuclear hormone receptor 80	Isoform of NHR-49 with similar functions
HLH	Helix-loop-helix	Transcription factor protein that regulates stearoyl-CoA de- saturases
Krox20	Krox20 protein	Protein that promotes expression of C/EBP β and, with C/EBP β , facilitates terminal adipogenesis
N-CoR	Nuclear receptor corepressor	A transcriptional co-regulatory protein
PPARa	Proliferator-activator receptor alpha	Involved with retinoid x receptor proteins to regulate genes involved in fat metabolism
PPARγ	Proliferator-activator receptor gamma	Master regulator of adipogenesis; Fatty acid metabolism: lipo- genesis and fat storage
PPARδ	Proliferator-activator receptor delta	Fatty acid metabolism: catabolism
Retinoid Xreceptor	Retinoid X receptor	A type of nuclear receptor activated by 9-cis retinoic acid and involved in regulating genes involved in fat metabolism as a heterodimer with PPARa
SCD	Stearovl-CoA desaturases	An important enzyme in fat metabolism and insulin signaling
SCD1	Stearoyl-CoA desaturases 1	Involved in inducing adipogenesis
SP_1	Specificity protein 1	Transcription factor involved in early development
SPERP	Storal regulatory alamont hinding protein	Transcription factor protoin that regulates stearoul CaA de
CDERD 1	Sterol regulatory element binding protein	saturases
SKEDP-1a	Steroi regulatory element binding protein la	
SKEBP-IC	Steroi regulatory element binding protein Ic	Involved in adipose differentiation and adipogenesis; facilitates PPARγ activity
SKEBP-2	Sterol regulatory element binding protein 2	Induces genes in the cholesterol biosynthesis pathway

Table I. Roles of key molecular components in lipid biology.

Pro-adipogenic KLFs:

Krüppel-like factor 15 was the first KLF to be found to be involved in adipogenesis. KLF15 participates in adipogenesis through its regulation of PPARy expression. In addition to this, the overexpression of KLF15 both induces adipocyte differentiation and positively regulates the expression of the insulin-glucose transporter-4 (GLUT4) [54]. In an experiment involving microarray analysis, KLF15 was shown to be up-regulated when induced 3T3-L1 preadipocytes differentiated into adipocytes; it has been shown that blocking the expression of KLF15 by use of either a dominant negative mutant or through RNAi reduces the expression of PPARy and prevents adipogenesis [55]. Notably, the dominant negative mutant of KLF15 does not affect the expression of C/EBP β [34]. In NIH 3T3 cells, C/EBP β and C/EBP δ activate KLF15 and acting together, KLF15 and C/EBPa increase the expression of PPARy following a decrease in C/EBP β and C/EBP δ transcript levels [55]. PPARγ is further able to elevate C/EBPα levels, indicating that a positive feedback mechanism exists between the two factors [16]. An additional related factor, KLF4, is an essential early regulator of adipogenesis. KLF4, also known as GKLF/ZIF, is highly expressed in differentiated, post-mitotic cells of the skin and the gastrointestinal tract and possesses a variety of roles as a differentiation-proliferation switch and regulator of the cell cycle [58, 59, 60]. When KLF4 activity was eliminated the KLF4 knockout mice died approximately 12 hours after birth due to defects in skin development coupled with a failure to form a normal basement membrane [61]. The fat layer of the skin of those mice was disrupted, resulting in a malfunctioning of the skin barrier and by a rapid loss of body fluids. These significant alteration in mouse suggest that KLF4 has a critical regulatory role in the development of adipose tissue. Studies in 3T3-L1 cell lines indicated that KLF4 is expressed in these cells within 30 minutes of exposure to a standard adipogenic cocktail. However, elimination of KLF4 activity in 3T3-L1 cells inhibits adipogenesis and down regulates C/EBP β levels [56], suggesting that KLF4 is an upstream transcriptional regulator of $C/EBP\beta$ in the network controlling adipogenesis. Notable is the observation that KLF4 binds directly to the C/EBP β promoter and, in concert with Krox2 [62], markedly transactivates C/EBP β expression [56]. Conversely, the knockdown of C/EBP β increases KLF4 expression while an overexpression of C/EBP β decreases KLF4 expression, indicating that C/EBP β reduces klf4 gene expression through negative feedback [56].

Another important member of KLF family, KLF5 also known as basic transcription element-binding (BTEB)2, or intestinal-enriched Krüppel-like factor, is a key element involved in the pathogenesis of cardiovascular disease. KLF5 regulates the proliferation of various cell types, including fibroblasts, smooth muscle cells, white adipose tissue and intestinal epithelial cells. Recently, KLF5 has been noted to be a key player in the transcription factor network which controls adipocyte differentiation. KLF5 is expressed early in adipocyte differentiation at the point at which C/EBP β/δ binds directly to the KLF5 promoter [63]. KLF5 then acts in concert with early factors, C/EBP β and C/EBP δ , in facilitating the expression of the late factor, PPAR_{γ_2}, mediating the early and late stages of adipogenesis in neonatal heterozygous KLF5 knockout mice [63]. There is evidence to support that the SUMOvlation of KLF5 acts as a molecular switch in response to PPAR δ and the adipogenic signals that can activate or repress the genes involved in lipid synthesis [64]. A PPARo isoform is expressed in skeletal muscle, blocking its expression decreases the muscle's oxidative capabilities, leading to obesity and glucose intolerance [65]. Conversely, an overexpression of PPARδ protects mice from contracting diet-induced obesity [66]. The reversible nature of SUMOlyation makes it a major regulatory modification moiety which leads to transcription inhibition [67]. Under basal conditions in response to cellular and environmental stress, SUMoylated KLF5's binding to the corepressor N-CoR (nuclear receptor corepressor) and SMRT (silencing mediator of retinoid and thyroid receptor) is increased, while its affinity for CREB binding proteins and PPARS is decreased and fatty acid metabolism is suppressed [64]. KLF5 further acts as a key regulator, controlling the expression of FASN (fatty acid synthase) through an interaction with SREBP-1. KLF5 binds to SREBP-1 and additionally enhances the SREBP-1-mediated increase in FASN promoter activity [68].

The Krüppel-like factor 6, a tumor suppressor gene, appears to promote adipogenesis by the transcriptional suppression of proto-oncogene delta-like 1 (*Dlk1*). The DLK1 is a transmembrane protein that inhibits adipocyte differentiation through its interaction with HDAC3 [69]. A cell culture study suggests that HDAC3 deacetylase represses PPAR γ function as result of its interaction with hypophosphorylated retinoblastoma (*pRb*) [70]. Although *pRb* interacts with a considerable number of growth-promoting transcription factors [71, 72], few studies suggest that *pRb* phosphorylation is involved in preadipocyte differentiation [73, 74]. Li et al. (2005) [69] demonstrated that KLF6 could, independent of *Rb*, moderate adipocyte differentiation through the transcriptional activation of adipocyte inducers such as PPAR γ , C/EBP α/β , and steroyl-CoA desaturase-1 (SCD1).

KLFs as negative regulators:

Other KLFs (i.e., KLF2, KLF3, and KLF7) function to block adipogenesis. For instance, the KLF2 is amply expressed in younger preadipocytes, yet displays reduced expression in mature adipocytes. Constitutive expression of KLF2 results in an inhibition of PPARy expression but does not have any effect on the upstream regulators C/EBP β and C/EBP δ [75]. Using a combination of promoter mutational analysis and gel mobility shift assays, a binding site identified within the PPAR_{Y_2} promoter has been found to be responsible for the inhibitory effects of KLF2 [75]. Wu et al. (2005) [76] generated tetracycline-responsive lines of 3T3-L1 which expressed physiological levels of KLF2 and were thus able to show that KLF2 prevented preadipocyte differentiation by partially restoring preadipocyte factor-1 (Pref-1). As evidenced by the formation of lipid globules, embryonic cells derived from KLF2-/- lines can differentiate into adipocytes, implying that the presence of KLF2 is not important during the formation of preadipocytes, but rather during later development, when it inhibits preadipocyte maturation into adipocytes. In 3T3-L1 cell line, the forced expression of mammalian KLF-3 blocks adipocyte differentiation as result of a direct association with the C/ebpa promoter, whilst a decrease in KLF-3 levels prevents differentiation [77]. The klf-3 deficient mice created by disrupting klf-3 gene by homologous recombination were smaller than wild-type showed a significant reduction in white adipose tissue [77]. Further analysis of the fat pads in knock out mice indicated that pads contained fewer and smaller cells. Turner and Crossley (1998) observed that KLF3 inhibits transcription by recruiting to its N terminal repression domain the corepressor C-terminal binding protein (CtBP) [78].

The Krüppel-like factor 7, KLF7, has also been implicated as a negative regulator of adipogenesis. Significantly, KLF7 has been linked to the pathogenesis of type 2 diabetes. Kawamura et al (2005) over expressed KLF7 in insulin secreting cell line (HIT-T15 cells) and showed that the modest increase in KLF7 expression dramatically suppressed the glucose-induced secretion of insulin and reduced the expression PPARy and C/EBPa, thereby blocking adipogenesis [79]. KLF11 is known to be a pancreas-enriched transcription factor. Both in vitro and in vivo studies have shown KLF11 to be a negative regulator of exocrine cell growth. Neve and colleague (2005)[80], in performing detailed functional and genetic analyses of KLF-11, found that KLF11 is a glucose-induced regulator of the insulin gene and that functional KLF11 gene variants possess a significant association with diabetes. Although KLF-11 has been proposed to be a glucose-induced regulator of the insulin gene [80], this protein may also been involved in adipogenesis and metabolic control [81].

A greater understanding of the mechanisms governing adipogenesis will emerge with use of a model organism in which changes in cellular development are associated with observable genetic modifications. Several laboratories have demonstrated that vertebrate KLFs, as well as other regulators, are key players in fat storage pathways [63, 55, 76]. As the majority of these reports have come through biochemical and tissue culture studies, a good genetic model organism is needed for a thorough examination of the fat storage process in vivo during the development of an organism. To better understand how KLFs regulate fat storage, our laboratory uses C. elegans as a model organism. Many of the regulatory genes involved in C. elegans fat metabolism are involved in adipocyte biology [82]. This relatively simple organism provides a powerful system to study the genes with critical roles in human metabolic diseases.

C. elegans fat biology

The worm Caenorhabditis elegans has emerged as a powerful molecular genetic model for use in studying genes which possess vital roles in human health and diseases. A number of studies reported thus far have already shown significant similarities between molecular components of mammalian and C. elegans fat pathways that extend to disease-associated genes. Recent studies have shown that fat regulation in C. elegans engages a complex network of genes with likely functions in food sensation, neuroendocrine signaling [94, 84], uptake, transport [85], and storage [41]. The C. elegans stores fat in intestine, an organ derived from the endodermal layer and composed of several types of gut granules which contain protein, carbohydrate molecules, and lipid fat granules. In contrast, mammalian fat is stored in a derivative of mesodermal tissue which contains a single cell type, the adipocyte. The mammalian adipoctye is dedicated to maintaining a homeostasis in fat metabolism, whereas the worm intestine is responsible for many diverse functions. Although they are clearly distinct, the common factor between C. elegans and mammalian adipocytes is the genetic conservation of the regulation of fat granules [41]. Though C. elegans does not have a dedicated adipocyte, the shared worm and mammalian fat regulatory pathways link to the developmental programs that underlie fat storage capacity. Several of the recently discovered *C. elegans* fat regulatory pathways play roles resembling those found in mammals. For example, there is evidence to support the existence of neuropeptide, serotonergic, and insulin signaling pathways that regulate fat storage in both nematodes and mammals [86, 87, 88].

It is well established that fat storage is profoundly influenced by differing environmental conditions, it is now possible to uncover the mechanism by which physiological pathways are able adjust themselves in response to various to environmental cues. Thus the questions concerning to what extent and by what mechanism, age, food, and habitat disturb the fat storage networks of *C. elegans* can be addressed at a molecular level. The *C. elegans* genome contains several fat regulators, an array which includes various transcription factors, signal transduction modules, nutrient transporters, and biochemical identities and pathways, that are homologous to a wide range of mammalian genes (C. elegans Sequencing Consortium 1998) [89]. Through the use of a genome-wide RNAi worm analysis, Ashrafi et al. (2003) [84] identified 305 C. elegans genes which, when suppressed, decreased body fat, in addition to 112 more genes whose inhibition enhanced fat storage. Furthermore, through an examination into the effects of fat-reducing gene inactivation in various C. elegans insulin, serotonin, tubby and nuclear signaling mutants [90, 91, 92], this group found a new set of fat regulatory genes. Monounsaturated fatty acids (MUFAs) are integral components of both membrane phospholipids and lipid stored triglycerides, playing critical roles in key cellular process such as cell communication and energy storage. C. elegans can synthesize a wide variety of fatty acids using $\Delta 12$, $\Delta 3$, $\Delta 5$, $\Delta 6$, three $\Delta 9$ desaturases [93], and elongases [94].

The suppression of daf-2 in C. elegans corresponds with insulin resistance and type 2 diabetes in humans. Several C. elegans daf-2 mutants build up fat deposits instead of leading to glucose metabolism, causing metabolic and developmental changes (i.e., increase in life-span) [85]. A related study using a ¹³C isotope assay to quantify the contribution of dietary fat to de novo synthesis found that alternative alleles of daf-2 do not increase fat synthesis, suggesting that site-specific mutations in the insulin receptor can differentially influence longevity and metabolism [95]. The deletion of a C. elegans nhr-49 caused increased fat accumulation and decreased life span in worms [92]. NHR-49 serves as a key regulator in fat usage, adjusting the pathways that control fat consumption and maintaining a normal balance of fatty acids. A similarity between the biological activity of *nhr-49* in C. elegans and that of mammalian PPARs is suggestive of

an evolutionarily conserved role for NHRs in modulating fat consumption and composition [64]. These studies illustrate the significance of *C. elegans* as a model organism for use in fat biology and in advancing our knowledge of whole-organism metabolism and physiology. We highlight recent advances in the role of *C. elegans* KLFs in fat metabolism as well as their links to human metabolic disorders.

Role of KLFs in *C. elegans* fat storage

The C. elegans genome predicts three KLFs, which include the gene F56F11.3, referred to as klf-1 [96], gene F53F8.1 (klf-2; a homolog of humanWT1), *klf-3a*, and *klf-3b* (*mua-1a*; F54H5.4 and *mua-1b*; F54H5.4b; Wormbase; http://www.wormbase.org.) [97]. All three C. elegans KLFs, klf-1, klf-2 and klf-3, share the highest identity with members of mammalian KLFs in terms of their C-terminal C₂H₂ zinc fingers, despite little homology in their N-terminal regions. Since klf-1 mutant is not available, RNAi was used to suppress klf-1 activity in C. elegans. When KLF-1 functioned normally, the worms had typical fat deposits in their intestines, but when *klf-1* activity was suppressed, the worms lost their ability to store appropriate levels of fat and instead accumulated abnormally high amounts of fat in their intestines (Figure 1B). Our findings are therefore consistent with the observed expression profile of klf-1::gfp in C. elegans intestines (Figure 1A). The worm intestine, a major endocrine organ which engages in nutrient sensing and energy metabolism, is positioned close to the sexual organs and a major tissue engaged in nutrient sensing and energy metabolism [98]. In C. elegans, the intestine performs several diverse functions which are executed by many different organs in higher eukaryotes. The key function of *C. elegans* intestinal cells appears to be digestive as they can be observed to secrete digestive enzymes into the lumen of the intestine and take up the processed material and nutrients. In hermaphrodites, yolk protein is synthesized in the intestine and then transported to the oocytes through the body cavity [99]. Significantly, the intestine serves as the major site for fat storage [100], for fatty acid metabolism, and is a storage depot with a large number of assorted storage granules. We also found that over-expression of *klf-1::gfp* caused severe egg-laying defects in C. elegans while a suppression resulted in increased cell death. Our results further imply that the inhibition of *klf*-1activity disrupts cell phagocytosis. An increase in fat accumulation in the absence of Ce-klf-1, its expression pattern in the intestine during larval development, as well as the continued presence in adult worms suggest that *C. elegans* klf-1 plays a critical role in the regulation of fat metabolism; a disturbance in this process may increase cell death and cause the defective phagocytosis of dead cells [96].



Figure 1. (A) The expression of klf-1::gfp. Intense expression of gfp green fluorescent in the intestine of a C. elegans adult hermaphrodite; (B) extensive fat accumulation in klf-1RNAi hermaphrodite; (C) low fat content in wild type adult hermaphrodite. Both wild type and RNAi worms were detected by Nile Red staining. Worms were observed and photographed using Axioskop 2 plus fluorescent microscope (400X magnifications).

Research is underway in our laboratory to define the underlying molecular mechanisms which lead to the increased fat accumulation, cell death, and phagocytosis following KLF-1 misregulation. Fat metabolism is known to be a complex process requiring a number of molecules involved in the absorption, biosynthesis, assembly, transport and catabolism of diverse lipids. The suppression of klf-1 activity may result in a failure in to regulate the specific genes needed in one or more of these processes. The complex and extensive array of metabolic abnormalities that result from excess fat accumulation may also be linked to excessive cell death. Alternatively, cell death in the klf-1 RNAi worms may have occurred as result of a failure to induce the genes required to prevent cell death. To elucidate whether Klf-1 functions in a known regulatory pathway or in a yet unknown new pathway, a thorough analysis of the cellular functions of C. elegans klfs, accompanied by a scrutiny of their interactions with each other and other molecular components of fat regulatory pathways is needed.

We have continued our studies on C. elegans

KLF. Recently we have identified a critical role of Ce-KLF-3 in fat metabolism [97]. In order to gain insight into the mechanisms by which C elegans klfs regulate fat storage, we examined two mutant alleles of C. elegans klf-3. We performed detailed genetic and phenotypic analyses and have thereby shown that the two alleles of klf-3 mutants, klf-3(ok1975) and mua-1(rh160), carry different genomic deletions, with each exhibiting distinctive loss-of-function phenotypes. A partial characterization of a C. elegans mua-1 (rh160) allele suggests a role in the mechanical integrity of the skeletal muscle in the worm [101]. A deletion in mua-1 (rh160) II mutants caused the animals to grow inadequately, the majority failed to reach adulthood. These mutants have defects in the cell matrix attachments that are critical in the transmission of muscle contractions to the cuticle as well as in the attachment of the uterus to the body wall [101]. A detailed molecular analysis of mua-1 (rh160) II mutants confirmed that a more extensive genetic disruption had occurred that affected two other neighboring genes in addition to mua-1. Although mua-1 functions in muscle development, a further analysis of the mua-1 deletion within its own coding sequence is crucial in order to gain insight into the full spectrum of functions performed by mua-1. However, the klf-3(ok1975) allele, characterized by a 1658-bp deletion in the klf-3 gene spanning the 3' end of exon 2 A in the *klf-3* coding sequence which causes a loss in *klf-3* function, subsequently resulting in severe reproductive defects in mutant worms. Klf-3 is exclusively expressed in the intestine of both larvae and adult worms increases the amounts of fat deposited in the intestine [97]. We extended this study to a mammalian adipocyte model. The mouse 3T3-L1 preadipocyte is a cellular model in which adipogenesis is studied through the use of defined media and hormones. We explored its utility in order to determine whether worm klf-3 would be able to function in this heterologous system and manifest a conserved regulatory role. We tested the expression of worm klf-3 in this cell line via transfection with a Ce-Klf3::gfp plasmid and were able to determine its sub-cellular location. Interestingly, Ce-klf-3 localizes in the nucleus of mouse 3T3-L1 preadipocytes, supporting the assertion that it functions as a transcription factor in gene expression within the nucleus. In order to examine the role of transiently expressed Ce-klf-3 during preadipocyte to adipocyte differentiation, we induced 3T3-L1 cells with a hormone mix supplement. We found that an overexpression of Ce-klf-3 both significantly blocks cell differentiation (Figure 2 D) and down-regulates pro-adipogenic genes PPARy (Hashmi et al., unpublished) in the presence of the

hormone mix. These occurrences resemble the characteristics of overexpression of KLF2 in 3T3-L1 cells [76]. Mammalian KLF2 is known to be a negative regulator in adipocyte differentiation. An Overexpression of KLF2 inhibits PPARy expression with no effects on the upstream regulators C/EBP β and C/EBP8. KLF2-/- cells do not exhibit a significant differences in lipid accumulation when compared with KLF2^{+/+} after 12 days of differentiation, however, 2 days following confluence (day 0 of differentiation), KLF2-/- cells displayed considerably more lipid deposits (~10-fold) in comparison to those of wild-type cells. At the initial stage of differentiation, i.e., day 1-3, KLF2-/- cells still exhibit about 100% more lipid accumulation than do KLF2^{+/+} cells [76]. Taken together, this data establishes mouse 3T3-L1 preadipocytes to be feasible heterologous model systems when endeavoring to evaluate the conserved regulatory functions of the worm klf-3 gene.



Figure 2. Over-expression of worm klf-3 in mouse 3T3-LI preadipocyte cells. A) cell without induction; B) klf-3 transfected cell without induction; C) cell after induction; D) klf-3 transfected cell after induction; E) cell transfected with vector (pEGFP) alone and after induction. Note that klf-3 significantly suppress the formation of fat droplets, probably acting as a negative regulator of adipogenesis.

The dramatic phenotype observed in the *klf-3* (*ok1975*) mutant suggests that *klf-3* plays a key role in fat regulation and that its deletion interferes with lipid metabolism and signal transduction associated with fat storage. We recently tested this hypothesis by performing microarray and qRT-PCR using RNA extracted from *klf-3* mutant worms and compared this with RNA obtained from wild type worms. We found that a deletion in the *klf-3* coding sequence had a profound effect on multiple genes involved in the fatty acid β -oxidation (mitochondrial β -oxidation and

peroxisomal β -oxidation) pathways [97](Table-2). Fatty acids in the form of Acyl-CoA molecules are broken down in mitochondria and/or peroxisomes in order to generate Acetyl-CoA. This process requires three major events to occur: i) activation and transport into mitochondria, ii) β-oxidation, and iii) electron transport chain. Fatty acids are first transported through the outer mitochondrial membrane by carnitine-palmitoyl transferase I (CPT-I) and are then dispatched across the inner mitochondrial membrane by carnitine [102]. The action of CPT-I is known to be the rate limiting step in fatty acid oxidation. Once inside the mitochondrial matrix, fatty acids undergo During this process, β -oxidation. two-carbon molecules, contained in acetyl-CoA, are repeatedly cleaved from the fatty acid. Acetyl-CoA is then able to enter the TCA cycle, which produces NADH and FADH. NADH and FADH are subsequently used in the electron transport chain to produce ATP. Fatty acid oxidation also occurs in peroxisomes, which carry out initial oxidation when fatty acid chains become too long (>C-22), and cannot be processed in mitochondria. However, the oxidation of fatty acids in peroxisomes is not coupled with ATP synthesis. Instead, high-potential electrons are transferred to oxygen, yielding hydrogen peroxide. The enzyme catalase, found exclusively in peroxisomes, converts the hydrogen peroxide into water and oxygen. Peroxisomal β -oxidation requires the action of special enzymes specific to peroxisomes and very long fatty acids. Thus the reduced expression of the genes that facilitate the transport and breakdown (Table-2) of fatty acids could plausibly cause the disruption of processes, ultimately leading to these the accumulation of fat typically seen in klf-3 mutants.

Disruption of klf-3 activity in the klf-3 (ok1975) allele contributes to defects in germ cell differentiation and oocyte development. Although the KLF-3 protein is not present in germ cells or in oocytes, it is constantly and highly expressed during larval development, suggesting that its function and regulation in larvae is required in later stage-specific cell proliferation. Reproductive defects could be a result of an increase in fat storage, given that the loss of KLF-3 function would primarily affect the functioning of the intestine. Worm klfs provide a link to the essential negative regulatory mechanisms of fat storage in the intestine, an organ which has been conserved through evolution. The C. elegans intestine presents a useful model for use in future studies which strive to address the positive and negative impact of neuroendocrine signals on lipogenesis and fat deposition [103]. Fat storage is a significant energy investment retained by the natural selection acting upon metazoan evolution. Fat storage offsets food shortage, a constant threat to animal survival (except humans of recent evolution) [104], and is most likely to have first emerged in the gut, the most ancient organ. The intestine-specificity of worm KLFs and their identification as a key factor in fat regulation reinforces the assertion that their role in lipid metabolism and energy homeostasis originated and was adapted early in evolutionary history.

Table 2 . List of genes predicted to participate in fatty	acid
transport, and β -oxidation (breakdown) pathways.	

C. elegans Genes	Mammalian name	
FA transport		
Dsc-4	Microsomal triglyceride transfer protein (MTP)	
vit-2 (yolk protein70)	Apolipoprotein B (apoB)	
vit-3(yolk protein)	Apolipoprotein B (apoB)	
vit-4 (yolk protein)	Apolipoprotein B (apoB)	
vit-5(yolk protein)	Apolipoprotein B (apoB)	
vit-6(yolk protein88 and yp115)	Apolipoprotein B (apoB)	
Beta oxidation		
Acs-1	Acyl CoA synthase (ACS)	
Acs-2	Acyl CoA synthase (ACS)	
F08A8.1	Acyl CoA oxidase	
F08A8.2	Acyl Co oxidase	
F44C4.5	Palmitoyl protein thioesterase	
T05G5.6	Trifunctional enzyme (ECH)	
Cpt-1	Carnitine palmitoyl transferase	
Cpt-3	Carnitine palmitoyl transferase	
Cpt-6	Carnitine palmitoyl transferase	

Future areas of research will need to examine the molecular mechanisms employed by worm KLFs that play role (s) in fat metabolism. Exploiting *C. elegans* genetics, biochemistry, and physiology is needed in order to determine how the regulatory activities of KLFs contribute to normal fat storage and adaptation to nutritional stress. Additional studies must be aimed at addressing the two key questions that are central to understanding the function and regulation of KLFs. These two critical questions are: What is the molecular basis and regulatory specificities of KLF-3 in recruiting protein partners and their binding to target genes to mediate transcription and how this affect fat metabolism? (2) What is the mechanism linking the function of KLF-3 to metabolic and signaling pathways and how disruption in KLF function leads to fat accumulation? By exploiting unique features of C. elegans we hope to develop a detailed mechanistic description of fat accumulation, including identification of additional as yet uncharacterized components of the *C. elegans* fat metabolism pathway that may suggest new strategies in the treatment of obesity. Our lab is currently endeavoring to better understand the fundamental methods by which fat accumulates following a loss in *klf-3* function. Using *C. elegans* homologs of some mammalian fat metabolism genes, we are performing in depth studies that how the genes and pathways known to be involved in mammalian fat absorption, assembly and transport are being affected in response to a loss in the functioning of *klfs*.

Conclusions

It is evident from the fact that an inappropriate increase and decrease in fat accumulation level is a characteristic of many human diseases. Fat storage is mediated by a core biochemical pathway that requires the activation of transcriptions factors. Considerable progress has been made in the identification of the transcriptional factors that are involved in the processes controlling the differentiation of preadipocytes into mature fat cells. It is quite clear that we have gone many steps forward in the understanding of the KLFs' role in adipocyte differentiation, however, there is still a large void in our understanding concerning the cascade of events that result in KLFs activation, repression, and interaction with other molecules in exerting their specific functions in fat metabolism. The C. elegans has served as a pioneering model for gene discovery and functional analysis of many important developmental processes. We are using this model organism to study fat storage. We believe that studying KLFs in C. elegans will enable us to perform a greater range of experiments which are not feasible in mammalian models. The identification of C. elegans *klfs* as being key regulators in fat storage through a genetically tractable experimental model will allow the pursuit of a more comprehensive approach to better understanding the biology of fat. It is possible that many other unidentified worm genes exist that regulate levels of body fat. A thorough genetic analysis of the many mediators of klfs, in concert with an examination of their cellular functions in C. elegans, will allow a more detailed description of the basic regulatory networks conserved between worm and humans. As part of the systematic effort to uncover treatments for obesity and its associated metabolic disorders, it is important to identify components of the known and novel signaling pathways that regulate fat storage. It will be interesting to determine whether worm *klfs* have similar regulatory functions in fat storage as those of mammalian klfs in adipogenesis and other fat metabolic processes.

Acknowledgements

We thank Jun Zhang and Chuan Yang for technical assistance and Drs. Mohan Narla and Chen Huang for helpful discussion. We thank Sanya Hashmi for her critical reading and editing of the manuscript. We thank *C. elegans* Genetics Center, University of Minnesota, Minneapolis, MN, for providing *rh160* and *ok1975* mutant alleles.

Conflict of Interest

The authors have declared that no conflict of interest exists.

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