

## **Materials and Methods**

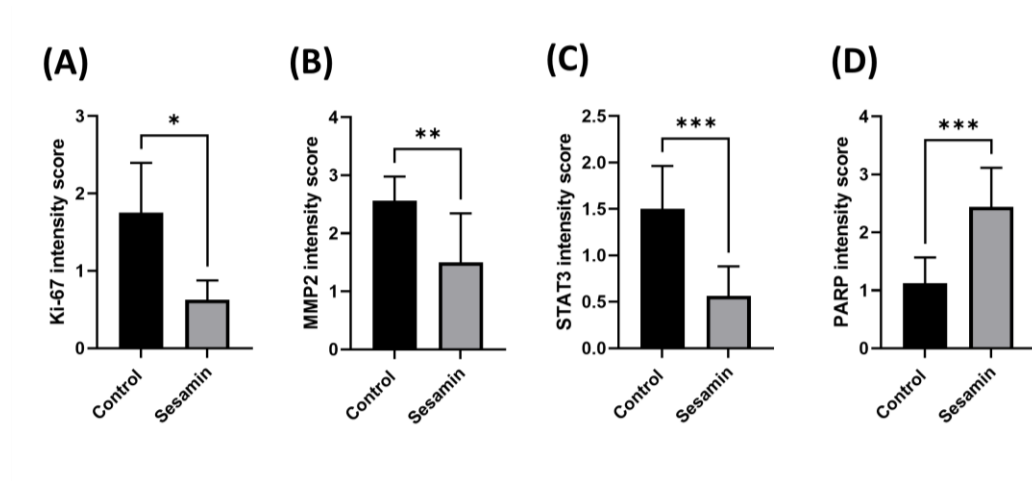
### *Cell viability assay*

Cell viability was assessed using the 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay. SV-HUC-1, T24, UMUC63, and 5637 cells were plated at a density of  $1 \times 10^4$  cells per well in 96-well culture plates and allowed to adhere overnight. Cells were then treated with varying concentrations of sesamin (0, 10, 30, 50, and 100  $\mu\text{M}$ ) for 24 h, followed by incubating with MTT dye (0.5 mg/mL; Sigma-Aldrich, St. Louis, MO, USA) for 4 h at 37 °C in a CO<sub>2</sub> incubator. The supernatant was discarded, and the formazan crystals were dissolved in a specified volume of dimethyl sulfoxide (DMSO). The absorbance of the dissolved formazan was measured at 540 nm with a reference wavelength of 630 nm using a spectrophotometric plate reader.

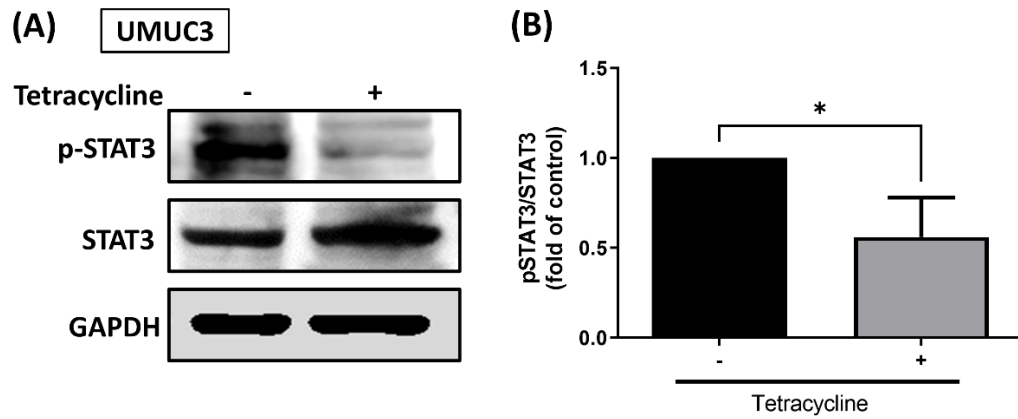
### *Gelatin zymography*

Gelatin zymography was employed to assess MMP2 activities. After treatment with sesamin at concentrations of 0, 10, 30, and 50  $\mu\text{M}$ , serum-free medium was collected and mixed with 5x zymography sample buffer for 10 min. The samples were loaded onto 10% polyacrylamide gels containing 0.1% gelatin. Following electrophoresis, the gels were washed with 2.5% Triton X-100 and then incubated in activating buffer for 24 h. Subsequently, the gels were stained with 0.5% Coomassie Brilliant Blue R-250 for 30 min, followed by destaining (50% methanol: 10% acetic acid: 40% water). The protease activity appeared as clear bands against a dark blue background where the substrate had been digested. The densitometric analysis of these bands was performed using ImageJ software (National Institutes of Health, Bethesda, MD, USA).

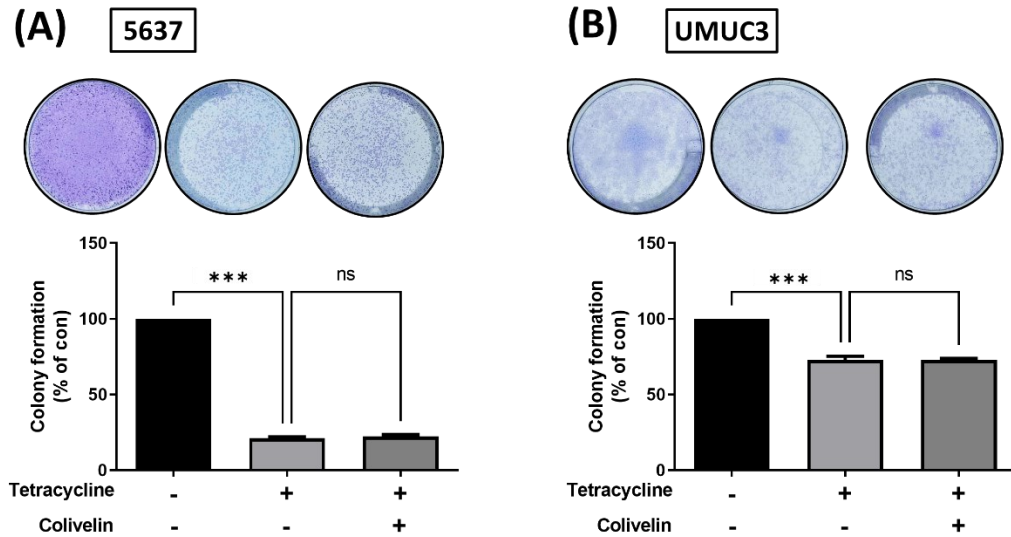
## Supplementary Figures



**Supplementary Figure 1. Quantification of IHC staining results.** (A–D) Quantitative IHC analysis of Ki-67, MMP2, STAT3, and PARP expression in mouse tumor tissues with or without sesamin treatment (N=4). All data are expressed as means  $\pm$  SDs in triplicate samples. \*P < 0.05, \*\*P < 0.01, and \*\*\*P < 0.001 relative to the control group.



**Supplementary Figure 2. LincRNA-p21 significantly inhibits STAT3 activity in BC cells.** (A & B) The pAS4.1w.Ppuro-aOn plasmid containing LincRNA-p21 cDNA (1  $\mu\text{g}/\mu\text{L}$ ) was transfected into UMUC3 cells for 24 hours, followed by treatment with tetracycline (10  $\mu\text{g}/\text{mL}$ ) for an additional 24 hours. STAT3 phosphorylation levels were then measured using a western blot assay (n=3). All data are expressed as means  $\pm$  SDs in triplicate samples. \*P < 0.05 relative to the control group.



**Supplementary Figure 3. The effect of the STAT3 signaling molecule on LincRNA-p21-mediated cell survival in BC cells.** (A & B) A colony formation assay was performed to assess cell survival following co-administration of the STAT3 activator colivelin (0.5  $\mu$ M) and sesamin (50  $\mu$ M) for 7 days (n=3). All data are expressed as means  $\pm$  SDs in triplicate samples. \*\*\*P < 0.001 relative to the control group.