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Review

# Cancer patient-derived organoids: Novel models for the study of natural products

Shuxin Liu¹,#, Ren Zhang¹,#, Yachen Liu², Xian Lin³,⊠, Jian Chen³,⊠

- 1. Research Centre of Basic Integrative Medicine, School of Basic Medical Sciences, Guangzhou University of Chinese Medicine. Guangzhou 510006, China.
- 2. Department of Thoracic Surgery, Ruijin Hospital, Shanghai Jiao Tong University School of Medicine, Shanghai 200025, China.
- 3. Peking University Shenzhen Hospital; Shenzhen Peking University-The Hong Kong University of Science and Technology Medical Center; Shenzhen Key Laboratory of Inflammatory and Immunology Diseases; Shenzhen 518036, China.

☑ Corresponding authors: Xian Lin, Jian Chen: Peking University Shenzhen Hospital; Shenzhen Peking University-The Hong Kong University of Science and Technology Medical Center; Shenzhen Key Laboratory of Inflammatory and Immunology Diseases, Shenzhen 518036, China. Email: linxiangabriel@fjmu.edu.cn; chenjian@pkuszh.com.

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#### **Abstract**

Organoids are multicellular *in vitro* organ models that are self-organized and derived from stem cells or primary tissues in specific three-dimensional (3D) environments. Cancer patient-derived organoids (CPDOs) retain key characteristics of the original tumor, including genomic, epigenetic, and metabolic profiles, while accurately recapitulating the human tumor microenvironment (TME) - closely mirroring features observed in patient tumors. Compared to traditional cell lines and animal models, CPDOs offer significant advantages, making them increasingly valuable for cancer research and precision medicine. Meanwhile, natural products (NPs) remain a rich and pharmacologically promising source of anticancer drug candidates. In this review, we systematically summarized the important applications of different CPDOs in the efficacy evaluation, drug screening, and mechanism studies of NPs. Moreover, we also discussed the advantages, limitations, and future perspectives of CPDOs, proving valuable insights for researchers and clinicians in this field.

 $Keywords: cancer\ patient-derived\ organoids,\ natural\ products,\ novel\ models,\ activity\ evaluation$ 

#### 1. Introduction

Cancer is one of the diseases with the highest morbidity and mortality rates in the world. According to the latest estimates from the International Agency for Research on Cancer (IARC), approximately 20% of men or women in all regions of the world developed cancer in 2022, with men having a higher cancer mortality rate than women [1]. In 2022, the top 5 cancers with the highest incidence rates in descending order are lung cancer, female breast cancer, colorectal cancer, prostate cancer, and gastric cancer [1]. Lung cancer is known as the most common cancer and the leading cause of cancer morbidity and mortality all over the world. Nearly 2.5 million new cases and more than 1.8 million deaths of lung cancer were estimated to occur in 2022 [1]. In women, breast cancer is the most commonly diagnosed cancer and

the leading cause of cancer mortality [1]. Projections indicate that the burden of breast cancer will increase significantly by 2025, with persistent yet varied disparities and differences [2]. Colorectal cancer represents one of the most prevalent and deadly cancers globally, accounting for approximately one in ten of all cancer cases and deaths in 2022 [1]. Among men, prostate cancer ranks as the second most common malignancy, with nearly 1.5 million new cases and nearly 397,000 deaths reported in 2022 [1]. Gastric cancer, with an estimated over 968,000 new cases and nearly 660,000 deaths in 2022, ranks fifth in incidence and mortality developing effective therapies for Consequently, diverse types of cancer represents an urgent research priority.

<sup>#</sup>These authors contributed equally to this work.

Organoids are multicellular *in vitro* organ models that are self-organized and derived from stem cells or primary tissues in specific three-dimensional (3D) environments [3]. Cancer patient-derived organoids (CPDOs) are able to maintain key features of the primary tumor, such as genomic, epigenetic, and metabolic properties, and CPDOs can mimic the human-specific tumor microenvironment (TME), which are very similar to those of tumors in cancer patients [4]. Compared to patient-derived cancer cells (PDCs), CPDOs better maintain tumor heterogeneity and microenvironment features while being more cost-effective and time-efficient than patient-derived xenografts (PDXs) [5].

Early in 2011, Sato et al. [6] established patient-derived organoids by optimizing the previous human colon culture systems [7]. Since then, CPDOs have been widely adopted in cancer research, leading to substantial progress in the field. Currently, diverse CPDOs have been successfully established using various methodological approaches [8, 9]. These organoid systems have demonstrated considerable potential for clinical applications, including screening [10, anticancer drug 11], cancer chemoresistance research [12, 13], and modeling of cancer [14, 15].

Natural products (NPs) are rich and invaluable sources for anticancer drug discovery. Over the past few decades, more and more compounds from NPs such as paclitaxel [16-18], camptothecin [19-21], vincristine [22, 23], curcumin [24, 25], resveratrol [26], quercetin [27], aqueous extract of taxus chinensis var. mairei [28], grape seed procyanidin extract [29], et al. have been applied to treat different kinds of cancers. Chen's group also reported that a series of natural compounds including artemether [30], artemisitene [31-33], xanthotoxol [34], oxypalmatine [35], liensinine diperchlorate [32], et al. have good activity for inhibiting various cancer cells. NPs have advantages in huge scaffold diversity and chemical structural complexity compared with conventional synthetic molecules. In addition, chemically modified or structurally optimized NPs may have superior therapeutic effectiveness or absorption, distribution, metabolism, excretion and toxicity (ADMET) properties [36]. Therefore, further development and utilization of NPs is very necessary and of great significance.

In the past, conventional animal and cell models have been used in drug screening and activity evaluation. However, animal and cell models also have many limitations, such as the long modeling time of animal models, high cost, large species differences between animal and human immune systems, and the inability of cell models to reflect the

overall efficacy and side effects of drugs. As innovative and ideal preclinical models, CPDOs overcome the limitations of traditional animal and cell-based systems, serving as powerful tools for drug efficacy evaluation and high-throughput screening.

# 2. Construction Methods of CPDOs

Currently, various types of CPDOs have been successfully established for biomedical research applications. This section systematically summarizes the established culture methodologies (Figure 1) and key biological characteristics of representative CPDOs, along with their commonly reported molecular markers (Table 1).

# 2.1 Sample acquisition and preprocessing

The establishment of CPDOs begins with the acquisition of patient tumor tissue samples, and common sources include surgically resected tissues, biopsy samples, and malignant effusions. Back in 2014, Gao et al. reported that CPDOs derived from patients with advanced prostate cancer could be successfully cultured from biopsy specimens and circulating tumor cells [82]. In 2015, Sylvia et al. successfully generated pancreatic CPDOs from resected tumors and biopsies and exhibited ductaland disease stage-specific features [83]. Additionally, Gao et al. successfully established gastric CPDOs from endoscopic biopsies and surgical tissues of patients with gastric adenocarcinoma [84]. By low-coverage whole-genome profiling, the study demonstrated that gastric CPDOs generated from endoscopic biopsies showed absence of tumor heterogeneity, and can thus be considered accurate models of human gastric cancer [84]. Moreover, ovarian CPDOs can be successfully generated from patient-derived ovarian tumor tissues, ascites, and pleural fluid [85]. A review in 2023 summarized the diversity of sample sources for lung CPDOs. Lung CPDOs are primarily derived from surgically resected tumor tissues, but can also be established from malignant pleural effusion or biopsy tissues [86].

In particular, high-quality tumor samples need to be processed rapidly to maintain cell viability and avoid changes in gene expression. As early as 2013, DeRose *et al.* reported that surgically removed tumor tissues from breast cancer patients could be processed in many different ways [87]. They successfully cultured CPDOs by processing tumor fragments by mincing and enzymatic digestion with collagenase and hyaluronidase [87]. Currently, a protocol has been developed for the rapid generation of patient-derived glioblastoma organoids from fresh tumor specimens [80]. This method does not require the mechanical or enzymatic dissociation of the

resected tumor tissues into single cells, and the medium [80]. addition of components such as serum to the culture

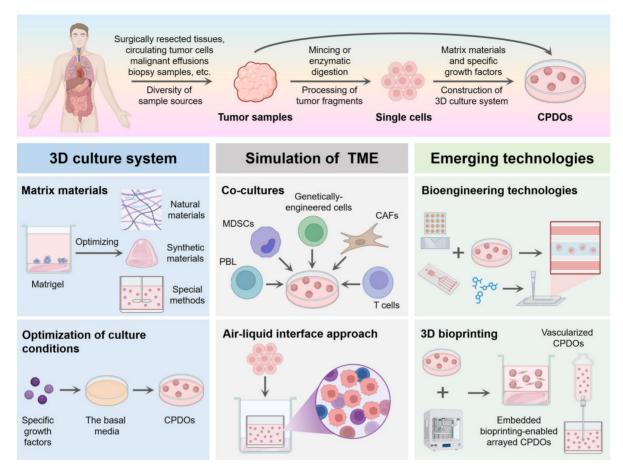


Figure 1. Construction methods of CPDOs. Tumor samples derived from patients can be processed to generate CPDOs. The 3D culture system of CPDOs generally relies on a combination of matrix materials and specific growth factors. Co-cultures and an air-liquid interface approach can better allow CPDOs to mimic the tumor microenvironment of the original tumor. CPDOs can also be combined with bioengineering technologies and 3D bioprinting to help overcome the limitations that exist in CPDOs. This figure was created with the help of BioRender (https://www.biorender.com/).

Table 1. Identification of markers for representative CPDOs.

Cancer types	CPDOs types	Sample source	Identification of markers	References
Lung cancer	Lung adenocarcinoma	Surgically resected tumor tissues, pleural effusion	TTF-1	[37]
		Surgically resected tumor tissues, biopsied tumor samples		[38]
		Surgical specimens, bronchoscopy biopsies, pleural effusion, blood-circulating tumor cells, sputum samples		[39]
		Surgically resected tumor tissues	TTF-1, CK7	[40]
		Collected lung cancer samples		[41]
		Surgically resected tumor tissues	TTF-1, CK7, napsin A	[42, 43]
		Mainly malignant serous effusion		[44]
	Lung squamous cell carcinoma	Surgical specimens, bronchoscopy biopsies, pleural effusion, sputum samples	p40	[39]
		Surgically resected tumor tissues	CK5/6, p63	[40, 42]
		Surgically resected tumor tissues, biopsied tumor samples		[38]
		Collected lung cancer samples	CK5/6, p40	[41]
		Surgically resected tumor tissues	CK5, p40	[43]
		Mainly malignant serous effusion	CK5/6, p40, p63	[44]
	Adenosquamous carcinoma	Surgically resected tumor tissues	CK7, CK5/6, p63	[42]
	Large cell neuroendocrine carcinoma	Surgical specimens, bronchoscopy biopsies, pleural effusion	NCAM 1	[39]

Cancer types	CPDOs types	Sample source	Identification of markers	References
		Surgically resected tumor tissues	CK7, CD133	[42]
	Small cell lung cancer	Surgical specimens, bronchoscopy biopsies, pleural effusion, blood-circulating tumor cells, sputum samples	NCAM 1	[39]
		Biopsied tumor samples	CD56, synaptophysin, chromogranin	[45]
		Surgically resected tumor tissues	CD56, synaptophysin, TTF-1	[42]
		Mainly malignant serous effusion	CD56, synaptophysin, TTF-1, hromogranin A	[44]
Breast cancer	All major disease subtypes	Surgically resected tumor tissues	ER, PR, HER2	[46-48]
Gastrointestina cancer	CPDOs from metastatic gastrointestinal cancers	Biopsied tumor samples	CDX2、CK7	[49]
Rectal cancer	Rectal cancer	Surgically resected tumor tissues, biopsied tumor samples	CDX2, $\beta$ -catenin, CK20, MUC2, E-cadherin	[50]
	Locally advanced rectal cancer	Biopsied tumor samples	CDX2, $\beta$ -catenin, CK20, CK-	[51]
Colorectal cancer	CPDOs from colorectal cancer with	Surgically resected tumor tissues	pan	[52]
	paired liver metastasis  Primary or metastatic colorectal	Surgically resected tumor tissues	MUC2, p53	[53]
Prostate cancer	cancer Prostate cancer	Surgically resected tumor tissues	PSA, NKX3.1, AR, CK8, p63, CK5	[54]
		Surgically resected tumor tissues, biopsied	PSA, AR, CK8, CK18,	[55]
	Castration-resistant prostate cancer	tumor samples Biopsied tumor samples	Probasin, p63, CK5 AR, KLK3, ENO2 (NSE),	[56]
	adenocarcinoma	or of the state of	NKX3.1, AR-V7, CHGA, SYP, PSMA, HOXB13	[50]
Gastric cancer	Gastric cancer	Surgically resected tumor tissues	CDX2	[57]
		Surgically resected tumor tissues	CEA, CK7	[58]
		Surgically resected tumor tissues	CEA, CK7, CDH17	[59]
		Biopsied tumor samples		[60]
iver cancer	Hepatocellular carcinoma	Surgically resected tumor tissues	AFP, HepPar 1	[61, 62]
			GPC3, $\beta$ -catenin	[63]
			AFP, GPC3	[64]
		Biopsied tumor samples	AFP, GPC3, GS, HSP70, KRT7, KRT19	[65]
	Intrahepatic cholangiocarcinoma	Surgically resected tumor tissues	KRT19, EpCAM	[62]
			CK19, EpCAM	[63]
	Cholangiocarcinoma	Surgically resected tumor tissues	EpCAM	[61]
	Hepatoblastoma	Surgically resected tumor tissues	AFP, GPC3, CK19, EpCAM	[63]
	Combined hepatocellular-cholangiocarcinoma	Surgically resected tumor tissues	AFP, HepPar 1, EpCAM	[61]
	reputeterium enomigroeuremoniu		AFP, EpCAM	[62]
D:1: tti	Total and in the land in considerate	Surgically resected tumor tissues	AFP, GPC3, CK19, EpCAM CK7, MUC1, EpCAM	[63]
Biliary tract carcinomas	Intrahepatic cholangiocarcinoma, pancreatic ductal adenocarcinoma, gallbladder cancer	Surgically resected tumor fissues	CK7, MUCI, EPCAM	[66]
Pancreatic cancer	Pancreatic ductal adenocarcinoma	Surgically resected tumor tissues	CK19, Laminin α5	[67]
		Biopsied tumor samples	CK19, E-cadherin	[68]
		Surgical specimens, rapid autopsy specimens, ascites	PDX1, CK19	[69]
		Biopsied tumor samples	GATA6, KRT5/6, KRT17, p63	
		Surgically resected tumor tissues	KRT19, GATA6, SOX9	[71]
Kidney cancer	Renal cell carcinoma	Surgically resected tumor tissues	AMACR, CK7, vimentin, CD10, PAX2, CK8/18, E- cadherin	[72]
	Clear cell renal cell cancer	Surgically resected tumor tissues	CXCR4, MET, CD44, VCAM1	[73]
		•	SOX2, CK8/18, HIF1 $\alpha$ , E-cadherin	[74]
Ovarian cancer	Mainly high-grade serous ovarian cancer	Biopsied tumor samples	PAX8, CK7, Er α , PR, CK8/18, E-cadherin	[75]
	Ovarian cancer	EpCAM+ cancer cells from ovarian cancer patient ascites	CK8	[76]
	High-grade serous ovarian cancer	Tumor samples from surgeries, laparoscopic biopsies or ascites paracentesis	PAX8, CK7, WT1	[77]
	Ovarian cancer	Surgically resected tumor tissues	PAX8, p53	[78]
	High-grade serous ovarian cancer			[79]
Glioblastoma	Glioblastoma	Collected tumor tissues	GFAP, S100B, DCX, NESTIN, BLBP, HOPX, SOX2, OLIG2, IBA1	[80, 81]

# 2.2 Construction of 3D culture system

The culture of CPDOs generally relies on a combination of matrix materials and specific growth factors.

# 2.2.1 Matrigel

At present, Matrigel is the most commonly used matrix for the culture of CPDOs. In 2016, Hubert et al. described a novel culture system that can generate patient-derived glioblastoma organoids [88]. This system encapsulated the hypoxic gradients and cancer stem cell heterogeneity of tumors found in vivo. In 2020, Karakasheva et al. described protocols to generate and characterize esophageal CPDOs [89]. Tumor tissue specimens were subjected to enzymatic and mechanical disruption to obtain single-cell suspensions, which were embedded in Matrigel and cultured in the unique organoid growth media [89]. In 2020, Shi et al. successfully cultured lung CPDOs by resuspending tumor cells in 100% factor-reduced Matrigel and using Advanced DMEM/F12 basal media with additional supplements [40]. In another study, Kim et al. developed a culture protocol in Matrigel using minimum basal media [42]. Although this medium contained fewer reagents and growth factors compared to other protocols, lung CPDOs were still successfully established from tumor tissues or biopsy samples [42].

However, Matrigel is not well defined and is an animal-derived matrix, which is difficult to translate into clinical settings [90]. Therefore, it is necessary to find new and alternative matrices, such as hydrogels generated from natural materials (e.g., fibronectin [91], collagen [92], hyaluronic acid [93]) and synthetic materials [94, 95]. In a study by Mosquera et al., a synthetic polymer-based hydrogel platform was developed to culture prostate CPDOs that were initially derived in Matrigel and exposed to a week of defined extracellular matrix conditions in synthetic hydrogels [96]. In 2022, Below et al. described a poly-ethylene glycol-based hydrogel system, peptide incorporating the fibronectin-mimetic PHSRN-K-RGD, the GFOGER peptide, and a basement membrane binding peptide to support cell adhesion [97]. The hydrogels could mimic complex cell-extracellular matrix interactions, combination of three peptide anchors could also significantly enhance the number and size of pancreatic CPDOs [97]. Recently, Cruz-Acuña et al. described modular. tumor extracellular matrix-mimetic hydrogel platform that has defined physicochemical properties [98]. This engineered hydrogel system not only supported robust in vitro growth and expansion of CPDOs derived from

esophageal adenocarcinoma, but also had the potential to be adapted for the generation of different CPDOs [98]. In addition, a mass-culture method for colorectal CPDOs was been devised that combined suspension culture and medium agitation using a rotating vessel [99]. This protocol suspended and maintained the organoids in a culture medium supplemented with a certain concentration of Matrigel [99].

# 2.2.2 Optimization of culture conditions

The composition of the culture media is critical for the growth and maintenance of CPDOs. In addition to the basal media, which contain the nutrients and essential ingredients for cell growth, the formulation of the media needs to be adjusted according to the type of tumor and the purpose of research. For example, specific growth factors, cytokines, and small molecules are added to the media to meet the growth needs of tumor cells in CPDOs and maintain their tumor characteristics.

A culture system was designed and developed that allowed long-term expansion of colorectal CPDOs in 2011 [6]. In the media that met the condition for stem cell culture, the concentration of Wnt3A, SB202190, nicotinamide, and dibenzazepine needed to be adjusted according to different differentiation conditions [6]. In 2015, Wetering et al. utilized the Wnt-dependency of normal colonic stem cells to selectively expand colorectal CPDOs that could be successfully cultured in Human Intestinal Stem Cell medium minus Wnt [100]. Based on the generic organoid medium (containing Advanced DMEM/F12 medium, epidermal growth factor, Noggin as well as the Wnt agonist R-spondin 1) developed by Sato et al. [101], Drost et al. successfully established prostate CPDOs and supported the long-term growth by continuing to append different compounds and growth factors [55]. These additives could adjust and optimize the culture conditions of CPDOs, including B27 supplement, nicotinamide, N-acetylcysteine, A83-01, dihydrotestosterone, fibroblast growth factor 2 (FGF2), prostaglandin E2, SB202190, Y-27632 [55]. In 2017, Broutier et al. optimized human liver expansion protocols, in order to selectively expand three of the most common subtypes of primary liver CPDOs [61]. They designed a newly defined isolation medium, which consisted of the classical isolation medium without R-spondin-1, Noggin, and Wnt3a but supplied with Dexamethasone and Rho-kinase inhibitor [61]. In 2018, Nuciforo et al. optimized the culture conditions of liver CPDOs, which allowed to generate long-term organoid cultures from needle biopsies of different patients with primary liver

cancer [65]. For example, they removed forskolin, N-acetyl-L-cysteine, nicotinamide, and hepatocyte growth factor (HGF) and added FGF19 to promote the growth of liver CPDOs [65]. Besides, the mitogen Neuregulin 1, inhibition of Rho-associated coiled-coil containing protein kinase (ROCK), and the specific ROCK inhibitor Y-27632, were key additions in the culture media for the generation and long-term proliferation of breast CPDOs [46]. In 2020, Maenhoudt et al. defined a culture medium that could strongly enhance the formation efficiency of epithelial ovarian CPDOs [75]. After testing, neuregulin-1 was identified as the key component in the culture media for the development and growth of ovarian CPDOs [75]. In 2021, Dekkers et al. developed a highly versatile protocol for the long-term culture of breast CPDOs [48]. Adding specific medium components to the basal media including Wnt3a, hydrocortisone, β-estradiol, and forskolin, could enhance the growth characteristics of some CPDOs [48]. Recently, Senkowski et al. proposed a protocol for long-term culture of high-grade serous ovarian CPDOs from cryopreserved tissues, achieving a markedly higher success rate than previously reported [77]. The addition of epidermal growth factor (EGF), heregulin β-1, hydrocortisone, and forskolin to the basal media could further improve the growth and expansion of these CPDOs [77].

Therefore, it is necessary to continuously optimize the culture conditions of CPDOs, so that different types of CPDOs can be cultured successfully. However, the optimal culture conditions for the media and the specific concentration of supplements in the media need to be explored and determined in experiments.

# 2.3 Simulation of the tumor microenvironment

The physiological structure of CPDOs is not identical to that of intact human organs, and CPDOs lack direct connections with other human tissues [102]. Hence, CPDOs can appropriately recapitulate the tumor immune microenvironment of the original tumor by preserving endogenous stromal components, or by appending exogenous immune cells, cancer-associated fibroblasts (CAFs) as well as other components [103]. In 2018, Tsai et al. constructed complex 3D in-vitro models that included pancreatic CPDOs, CAFs, and T lymphocytes [69]. The CPDOs were co-cultured with stromal and immune components of the tumors, facilitating the study of tumor-stroma and tumor-immune interaction [69]. Additionally, co-cultures of peripheral blood lymphocytes (PBL) with CPDOs could induce patient-specific tumor-reactive T cell responses [104].

Dijkstra et al. demonstrated that the co-culture of CPDOs with PBL enriched for tumor-reactive T cells from peripheral blood of patients with mismatch repair deficient colorectal and non-small cell lung cancer [104]. Furthermore, co-cultures of CPDOs and chimeric antigen receptor T (CAR T) cells could better investigate patient-specific responses immunotherapies [81]. In 2020, Jacob et al. developed an optimized protocol to co-culture CAR T cells with patient-derived glioblastoma organoids, in order to mimic CAR T cell invasion into solid tumors [81]. Recently, co-culture models of liver CPDOs with CAFs had been established, which could mimic the in vivo tumor settings and better study the cell-cell interactions in the tumor microenvironment [105]. Liu et al. successfully established a 3D co-culture system of liver CPDOs with CAFs and demonstrated that CAFs could promote the growth of CPDOs in co-cultures [105]. Moreover, Zhao et al. revealed that the co-culture of CPDOs derived from oral squamous cell carcinoma with CAFs increased the size and forming efficiency of organoids [106]. It has been demonstrated that the co-culture of CPDOs with cytotoxic T lymphocytes (CTLs) and myeloid-derived suppressor cells (MDSCs), can allow for a more comprehensive investigation of the microenvironment and the response of cancer to immunotherapy [107]. In 2021, Koh et al. reported a CPDO/immune cell co-culture system that could be used to study PD-L1/PD-1 blockade and the immunosuppressive function of MDSCs, in order to develop immunotherapy for gastric cancer [107].

In addition to co-culture systems, an air-liquid interface (ALI) approach could be developed to more accurately reflect the tumor microenvironment in patients. In 2018, Neal *et al.* successfully established and expanded diverse CPDOs by inoculating mechanically dissociated tissue fragments in Type I collagen matrix ALI culture, and utilizing WENR basal media supplemented with specific growth factors [108].

These culture platforms of CPDOs can be used to mimic the immunotherapy responses of cancer patients and have great significance preclinical testing of immunotherapy.

# 2.4 Emerging technologies

Bioengineering technologies, including microwell array chips and microfluidic technology, can perform CPDOs-based drug screening and testing in a short time to predict specific drug responses of patients in clinical settings.

In 2021, Hu et al. employed an integrated superhydrophobic microwell array chip to derive large numbers of CPDOs from patient samples and

enabled the CPDOs to maintain the 3D structures of This microwell parental tumor tissues [41]. array-based approach could measure the responses of lung CPDOs to chemotherapeutic drugs in the nanoliter scale and shorten the drug sensitivity test to one week [41]. In 2022, Ding et al. utilized droplet emulsion microfluidics with temperature control and dead-volume minimization to rapidly generate substantial Micro-Organospheres from tumor patient tissue samples [109]. The core principle of droplet-based microfluidics was that suspended tumor cells were added to Matrigel, followed by with a biphasic liquid to generate Micro-Organospheres [109]. Recently, Kheiri et al. developed a multi-layer microfluidic platform that allowed high-fidelity formation and selective release of breast CPDOs with different shapes, for the study of cancer cell invasion in unconstrained environments [110]. This microfluidic platform employed sliding microwells with different shapes as templates to generate CPDOs and utilized complementary microfluidic ducts to create a continuous fluidic path through the device [110]. In addition, Choi et al. developed and characterized novel microfluidic systems for pancreatic CPDOs demonstrated that these microfluidic devices had considerable advantages for personalized treatment based on cancer biopsies [111]. The microfluidic device incorporated a port for direct injection of organoids or organoid fragments, which improved the efficiency of organoid/tissue utilization [111].

The utilization of novel technologies such as 3D bioprinting systems and artificial intelligence can optimize the workflow for the construction of CPDOs. CPDOs with emerging technologies enable the creation of more complex and practical models that can overcome the limitations of existing disease models. In 2023, Choi et al. utilized 3D bioprinting technology to develop vascularized lung CPDOs, which contained stromal cells, lung fibroblasts, and perfusable vessels [112]. These advanced in vitro lung CPDOs recapitulated pulmonary fibrosis and more accurately reflected the genetic characteristics and TME of the patients, which could help guide clinical therapies for lung cancer patients with underlying diseases [112]. The latest study described a method to create embedded bioprinting-enabled arrayed CPDOs utilizing embedded bioprinting technology [113]. The model faithfully reproduced key attributes of TME, including elevated matrix stiffness and hypoxic conditions found in colorectal cancer [113].

To help overcome the limitations of existing models, it is necessary to further optimize the establishment protocol of CPDOs. With the continuous progress of technology, CPDOs will have

a broader development prospect in cancer research and treatment.

# 3. Application of CPDOs for the study of NPs

CPDOs faithfully preserve the molecular and cellular heterogeneity of primary tumors while closely recapitulating the histopathological features of patient tumors. These characteristics establish CPDOs as robust preclinical models for drug efficacy high-throughput assessment, screening, mechanistic investigations, thereby facilitating the translation of potential therapeutic candidates into clinical applications. While numerous studies have employed CPDOs to evaluate conventional Western medicines [10], research investigating NPs remains comparatively limited (Figure 2). Nevertheless, existing evidence strongly suggests that NPs exhibit significant therapeutic potential across multiple cancer types when tested in CPDOs.

#### 3.1 Alkaloids

#### 3.1.1 Berberine

Berberine is a natural isoquinoline alkaloid, which is mainly extracted from the roots and stems of various medicinal plants, such as the Ranunculaceae, Rutaceae, and Berberidaceae families [114]. In lung cancer, berberine has been demonstrated to exert its anticancer activity by modulating tumor cell autophagy, metastasis, angiogenesis, apoptosis, immune responses, and chemotherapeutic responsiveness [115]. A research paper in 2020 by Li et al. demonstrated that berberine could target epidermal growth factor receptor (EGFR) and suppress the growth of cancer cells by inhibiting EGFR activation [116]. Interestingly, the authors observed that non-small cell lung CPDOs had an obvious sensitivity to berberine while cell lines showed resistance to it. This was because lung cancer cell lines might be different from lung CPDOs in terms of drug-gene associations and genotypes [116].

In 2022, a review by Jiang et al. illustrated that berberine could prevent the progression of colorectal cancer by regulating gene expression, the inflammatory response, oxidative stress, and so on [117]. In addition, a study in 2022 by Okuno et al. reported that the combination treatment with two natural compounds, berberine and oligomeric proanthocyanidins (OPCs), markedly inhibited the growth of colorectal CPDOs [118]. Furthermore, the study also revealed that the combination could exert synergistic anticancer effects of berberine and OPCs in CPDOs through enhancing cellular apoptosis and reducing the level of MYB via the PI3K-Akt signaling

pathway. These data further supported the cell experimental results and offered important evidence for the combination of berberine and OPCs in the clinical therapy of colorectal cancer patients [118].

Studies have revealed that berberine possesses significant chemosensitizing and chemoprotective properties as a clinical adjunct agent, enhancing chemosensitivity and reversing chemotherapeutic drug resistance in many types of cancer [119]. A study in 2022 by Okuno et al. reported that pancreatic CPDOs were generated to assess the effect of berberine to enhance the chemosensitivity of gemcitabine [120]. Moreover, it was confirmed that berberine markedly reduced the number and size of The combination of berberine CPDOs. gemcitabine exhibited a more pronounced anti-tumor effect in CPDOs. The data successfully verified the cell culture-based findings, suggesting that berberine significantly potentiated the anticancer potential of gemcitabine [120].

#### 3.1.2 Betaine

Betaine is also known as trimethylglycine and has beneficial biological effects in various human diseases. It was first identified in the 19th century in beets (Beta vulgaris), and it is distributed widely in animals, plants, and microorganisms [121]. A study in 2020 by Li et al. found that non-small cell lung CPDOs and cell lines were resistant to betaine and there was no significant difference between the two models in the IC50 value of betaine [116].

#### 3.1.3 Omacetaxine

Omacetaxine mepusuccinate (homoharringtonine) is a plant alkaloid with antitumor properties, originally found in herbal extracts from the Chinese plum yew, Cephalotaxus [122]. In order to test the anticancer effect of omacetaxine, Li et al. successfully constructed a library of liver CPDOs in 2021 [123]. They confirmed that omacetaxine not only decreased proliferation and increased apoptosis in CPDOs but also inhibited global protein synthesis and reduced levels of specific short-half-life proteins in CPDOs. The study demonstrated the potential clinical usefulness of omacetaxine as a novel anticancer agent in hepatocellular carcinoma and underscored the potential clinical usefulness of CPDOs as an ideal preclinical model for drug discovery [123].

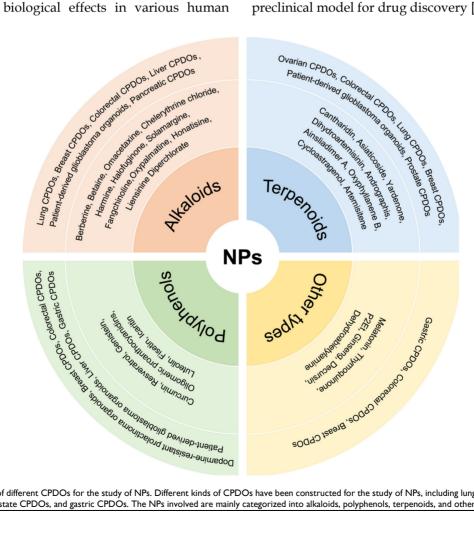


Figure 2. Application of different CPDOs for the study of NPs. Different kinds of CPDOs have been constructed for the study of NPs, including lung CPDOs, breast CPDOs, colorectal CPDOs, prostate CPDOs, and gastric CPDOs. The NPs involved are mainly categorized into alkaloids, polyphenols, terpenoids, and other types of compounds.

#### 3.1.4 Chelerythrine chloride

Chelerythrine chloride, natural benzodiazepine alkaloid, is mainly present in numerous herbal plants. Relevant studies have substantiated that chelerythrine chloride has strong antitumor pharmacological and biological activity [124, 125]. In 2020, Li and colleagues successfully established a living biobank of CPDOs derived from 10 non-small cell lung cancer (NSCLC) patients for high-throughput screening of NPs, and they found the CPDOs were sensitive to chelerythrine chloride [116]. These results showed that chelerythrine chloride exerted the highest inhibitory effect on the CPDOs and cell lines among the 5 natural compounds and it had equivalent sensitivity in both CPDOs and cell lines. It could be concluded that chelerythrine chloride, which has the highest anticancer activity and the least toxicity, is a novel natural anticancer compound for healing lung cancer [116].

#### 3.1.5 Harmine

Harmine is a natural  $\beta$ -carboline alkaloid that was derived from multiple medicinal plants. It has been reported that harmine is able to exhibit remarkable antitumor activities in multiple types of cancer through diverse mechanisms [126, 127]. In the same study, Li *et al.* also observed that harmine significantly inhibited cell viability of CPDOs, but not NSCLC cell lines. These results played important roles in the introduction of these natural compounds into the personalized therapy of enrolled NSCLC patients [116].

#### 3.1.6 Halofuginone

Halofuginone, a natural alkaloid and an active derivative of febrifugine, is extracted from the Chinese herb Dichroa febrifuga. Plenty of evidence suggests that halofuginone possesses excellent anti-cancer, anti-fibrosis, and other properties [128, 129]. The research of Li et al. in 2021 illustrated that halofuginone suppressed the cisplatin-resistant cells by the dual regulation of PI3K/AKT and MAPK signaling pathways [130]. Then, they constructed two cisplatin-resistant lung CPDOs to further validate the anticancer effect of halofuginone and found that the inhibitory effect of halofuginone in cisplatin-resistant lung CPDOs was similar to that of lung cancer cell lines. Therefore, halofuginone can act as a promising cisplatin sensitizer to improve the prognosis of patients with cisplatin-resistant lung cancer in future clinical practice [130].

#### 3.1.7 Solamargine

Solamargine, an alkaloid natural compound isolated from a traditional Chinese herb called

Solanum nigrum L., has been widely applied to treat various diseases such as cancers, inflammation, and warts [131, 132]. In 2022, Han et al. succeeded in establishing CPDOs derived from cisplatin-resistant lung cancer patients. Through high-throughput screening of natural product libraries, an alkaloid natural product solamargine was determined as a potential cisplatin sensitizer and therapeutic agent, which might offer a novel approach for further treating patients with advanced cisplatin-resistant lung cancer [133]. Besides, it was proved that solamargine could exert its antitumor properties by inhibiting the hedgehog pathway and showed the synergistic inhibitory effect with cisplatin in cisplatin-resistant lung cancer cell lines [133].

#### 3.1.8 Fangchinoline

Fangchinoline, a bisbenzylisoquinoline alkaloid derived from the root of Stephania tetrandra S., has been found to exhibit extensive pharmacological effects including anti-oxidant, anti-inflammatory, anticancer, and neural protection effects [134]. The progression and metastasis of lung cancer are closely related to EGFR mutations [135]. In a study in 2022 by Chen et al., they collected tumor tissues from lung adenocarcinoma patients with EGFR mutation and wild-type EGFR to culture CPDOs according to the standard protocol [136]. The CPDOs were then treated with different concentrations of fangchinoline for one week, and the drug was found to inhibit dose-dependently the growth of CPDOs, with more prominent inhibition in EGFR-mutant organoids [136].

# 3.1.9 Oxypalmatine

Oxypalmatine is an active protoberberine-type alkaloid isolated from the bark of Phellodendron amurense (Rutaceae) [137]. In 2023, Lin et al. successfully established breast CPDOs from tumor characterized luminal tissues as HER2-overexpressing, and triple-negative, and they used these CPDOs to evaluate the clinical value of oxypalmatine [35]. They observed that oxypalmatine could effectively attenuate the growth of CPDOs and further elucidated the specific mechanism of oxypalmatine inhibiting the proliferation and inducing apoptosis of breast cancer cells. This suggested that oxypalmatine is a promising medicine, highlighting the clinical transformation oxypalmatine in breast cancer treatment [35].

# 3.1.10 Liensinine Diperchlorate

Liensinine perchlorate (LIN) is a natural alkaloid derived from the seed embryo of *Nelumbo nucifera Gaertn* and has superior anti-colorectal cancer activity [138]. In another investigation by Lin *et al.*, they evaluated the synergistic inhibitory effect of the combination of natural compounds LIN and artemisitene in breast CPDOs [32]. They observed that LIN and artemisitene reduced the growth of breast CPDOs in a dose-dependent manner, and confirmed that LIN could synergistically suppress the growth of breast CPDOs without obvious side effects. This preclinical data suggested that the combination of LIN and artemisitene is a promising regimen for breast cancer therapy which may improve the prognosis of breast cancer patients and process mitigate breast cancer progression [32].

#### 3.1.11 Honatisine

Honatisine, a distinctive heptacyclic diterpenoid alkaloid separated from Delphinium honanense, has exhibited significant cytotoxic activity [139]. In 2024, Li *et al.* generated CPDOs from tumor tissues of patients with recurrent glioblastoma to further assess the anti-glioma properties of honatisine [140]. The results showed that honatisine treatment repressed the growth of CPDOs and induced apoptosis compared with the control treatment. These data strongly supported that honatisine has a promising therapeutic prospect in recurrent glioblastoma [140].

# 3.2 Terpenoids

# 3.2.1 Dihydroartemisinin

Artemisinin is a natural sesquiterpene lactone, which was initially extracted and isolated from Artemisia annua L., and dihydroartemisinin is one of the derivatives of artemisinin [141].Dihydroartemisinin is not only an effective clinical medicine for the treatment of malaria but also exhibits superior anticancer activity in a variety of cancers [142]. A very recent study in 2024 confirmed the synergistic cytotoxic effects of dihydroartemisinin and cisplatin using lung CPDOs [143]. Moreover, the researchers further validated in vitro and in vivo that dihydroartemisinin was able to enhance sensitivity of lung cancer cells to cisplatin by upregulating ZIP14 expression and inducing ferroptosis, which will provide a potential strategy for overcoming chemoresistance [143].

# 3.2.2 Andrographis

Andrographis, a principle active compound of the Chinese herbal medicine *Andrographis paniculate*, possesses various activities such as anti-inflammatory, anti-obesity, anti-cancer, and other activities [144]. A research paper in 2020 by Sharma *et al.* confirmed that the combined therapy effectively inhibited the growth and formation of CPDOs

compared with 5-fluorouracil and andrographis alone andrographis could Hence, chemosensitization in colorectal cancer and had the synergistic anti-cancer activity with 5-fluorouracil. This suggested that andrographis stands as a promising natural therapeutic agent that can present a safer and cheaper option for adjuvant therapy of conventional chemotherapeutic drugs [145]. Similarly, Shimura et al. also demonstrated that andrographis and another natural compound OPCS, exerted their superior combined anti-cancer effects in cell lines, xenograft animal models and CPDOs. Nevertheless, in CPDOs, there were large differences in the inhibitory effect and gene expression of combined therapy, which could be explained by the inherent tumor heterogeneity between the organoids [146].

#### 3.2.3 Cantharidin

Cantharidin, a natural terpenoid separated from blister beetles, has been used extensively in traditional Chinese medicine to cure various types of cancer [147, 148]. Also in Li *et al.*'s study, they proved that cantharidin had a moderate inhibitory effect on cell viability of CPDOs, yet observed that the IC50 value of cantharidin in CPDOs was significantly higher than that in cell lines. This suggested that the sensitivity of Cantharidin in the two models was different [116].

#### 3.2.4 Asiaticoside

Asiaticoside, a natural triterpenoid saponin, is the major active ingredients of *Centella asiatica* (L.) *Urb*. and possesses diverse pharmacological properties including antitumor, neuroprotective, and wound healing [149]. In 2024, Guo et al. collected the cells from the ascites of ovarian cancer patients and used these cells to establish CPDOs to evaluate the cytotoxic effect of asiaticoside on natural killer (NK) cells against ovarian cancer cells. The models were used to mimic the TME of ovarian cancer and exhibited high levels of TGF-β [150]. They also observed that asiaticoside pretreatment effectively enhanced the antitumor ability of NK cells against CPDOs in the presence of high TGF-β levels. This suggested that asiaticoside may be a promising candidate to augment current NK cell-based immunotherapy strategies for ovarian cancer patients [150].

#### 3.2.5 Cycloastragenol

Cycloastragenol, an effective bioactive molecule derived from *Astragalus membranaceus*, possesses anti-inflammatory, anti-aging, and anticancer activities [151]. In 2022, Deng *et al.* found that cycloastragenol could promote the expression of MHC-I in CPDOs and enhance the killing ability of

CD8<sup>+</sup>T cells [152]. Meanwhile, the combination of cycloastragenol and the PD-1 antibody was more effective in inhibiting the growth of CPDOs [152].

#### 3.2.6 Artemisitene

Artemisitene, an endoperoxide closely related to the famous antimalaria drug artemisinin, originally isolated from the herb Artemisia annua L. [153]. It possesses a variety of activities such as antianti-lung rheumatoid arthritis, damage, ulcerative colitis, and so on [33]. Recently, Chen et al. investigated the therapeutic potential effect of artemisitene on breast cancer. In their work, CPDOs were established to assess the clinical therapeutic efficacy of artemisitene in breast cancer. They reported that artemisitene inhibited the growth of breast CPDOs with different pathological subtypes and exhibited an excellent safety profile in contrast to conventional chemotherapy drugs [31]. Moreover, they further proved the underlying mechanism of artemisinin-induced breast cancer cell apoptosis based on experiments. These results suggested that artemisitene can be an effective agent candidate for clinical breast cancer treatment [31].

#### 3.2.7 Ainsliadimer A

Ainsliadimer A, a dimeric sesquiterpene lactone, which is isolated from *Ainsliaea macrocephala*, has anticancer and anti-inflammatory properties [154]. In 2023, Lv *et al.* observed that ainsliadimer A suppressed tumor growth in mice and the growth of CPDOs [155]. Besides, the research also elucidated the specific mechanism by which ainsliadimer A induced apoptosis in colorectal cancer cells [155].

# 3.2.8 Oxyphyllanene B

Oxyphyllanene B is a certain type of sesquiterpene. As early as 2005, it was reported that sesquiterpenes might act as potential anticancer agents and reduce cancer growth [156]. In a study by Cui *et al.*, patient-derived glioblastoma organoids were established from the resected tumor tissues without enzymatic dissociation into single cells in 3D collagen gel, to further elucidate the anti-tumor effect of oxyphyllanene B and its underlying mechanism [157]. They confirmed that oxyphyllanene B induced apoptosis in temozolomide-resistant glioblastoma cells and CPDOs in a time- and dose-dependent manner [157].

#### 3.2.9 Yardenone

Yardenone, a natural triterpenoid, is isolated from the marine sponges belonging to the Axinella genus [158]. A study by Dai *et al.* reported the ability of sodwanone and yardenone triterpenoids to

suppress the activation of hypoxia-inducible factor-1 (HIF-1), suggesting the potential role of these compounds in HIF-1 inhibition [159]. Besides, in a very recent study by Peng et al. in 2024, they further explored the effect of vardenone 2 in HIF-1a regulation and demonstrated that yardenone 2 played a significant role in hypoxia [160]. It was shown that vardenone 2 inhibited cell proliferation in prostate CPDOs, and altered the morphology conformation of these organoids. This suggested that yardenone 2 may act as a novel HIF-1α inhibitor, thus providing a promising therapeutic strategy for the treatment of prostate cancer [160].

# 3.3 Polyphenols

#### 3.3.1 Curcumin

Curcumin, the active ingredient of the rhizomes of Curcuma longa, exhibits distinctive anticancer properties in multiple types of cancer by suppressing a variety of cellular signaling pathways [161]. In a research paper in 2023, Miyazaki et al. developed and cultured colorectal CPDOs to demonstrate the anti-tumor effects of two natural compounds, curcumin, andrographis, and their combination. It was shown that the combined treatment with curcumin and andrographis significantly reduced the number and mean size of CPDOs [162]. Additionally, ferrostatin-1, an inhibitor of ferroptosis, reversed the anti-cancer synergistic effect of the combination in both cancer cells and CPDOs. This illustrated that the combination therapy may exert its superior anticancer effect via the activation of the ferroptosis pathway [162].

# 3.3.2 Resveratrol

Resveratrol, a natural phytoalexin, has been widely used to treat various types of cancer [26]. A recent study in 2022 demonstrated that resveratrol had a stronger inhibitory effect on different subtypes of advanced breast CPDOs compared with conventional anti-breast cancer drugs [163]. Moreover, the research also revealed that STAT3 activation was closely related to the resveratrol sensitivity of CPDOs. These results strongly supported the higher efficacy and broader spectrum of resveratrol against CPDOs and emphasized the promising clinical usefulness of resveratrol in advanced breast cancer [163].

#### 3.3.3 Genistein

Genistein, an isoflavone present in soy, has been proven to have a broad spectrum of pharmacological property and positive therapeutic effect in various diseases including cancer, obesity, osteoporosis, and metabolic syndrome [164]. In a very recent study by Cheng et al. in 2024, dopamine-resistant prolactinoma organoids were successfully established to conduct high-throughput drug screening of the efficacy of 180 small molecule compounds. They finally identified that genistein presented the most superior anticancer effect among all tested compounds [165]. Moreover, further experiments confirmed that genistein inhibited significantly and dose-dependently the proliferation and promoted apoptosis in CPDOs. This study revealed the role of genistein and its potential for clinical application, providing an attractive strategy for the therapeutic treatment prolactinomas [165].

# 3.3.4 Luteolin

Luteolin is a natural flavonoid extensively present in different plants like vegetables, fruits, and medicinal herbs. It has been shown that luteolin exhibits a variety of biological effects through distinct mechanisms and has been applied to treat a variety of human malignancies, including gastric cancer [166]. In a recent study in 2023, Hao et al. successfully constructed CPDOs from tumor tissues of patients with gastric cancer, examined the anti-tumor effect of luteolin in different CPDOs, and elucidated its potential mechanism by transcriptome profiling [167]. The study showed that luteolin significantly decreased the cluster size of almost all CPDOs in a dose-dependent manner, but the sensitivity of each organoid to luteolin was different, which might have resulted from the high heterogeneity of gastric cancer tumors. These results indicated the considerable potential of CPDOs for preclinical drug discovery and personalized drug treatment [167].

A study in 2018 by Yi *et al.* investigated the influence of luteolin in glioblastoma cells, patient-derived glioma initiating cells, and CPDOs. They found that the proliferation of CPDOs was inhibited when treated with luteolin, showing its superior antitumor activity [168]. Next, they demonstrated the value of luteolin in combination with olaparib and ionizing radiation, indicating that it could synergistically enhance the effect of radiation and anticancer agents. These results suggested that the anticancer effects of luteolin can be extrapolated to treat patients with glioblastoma [168].

#### 3.3.5 Fisetin

Fisetin, a naturally occurring flavonoid found widely in various vegetables and fruits, has been shown to have anticancer effects in multiple types of cancer [169]. In 2023, Kim *et al.* demonstrated that fisetin inhibited the viability of colorectal CPDOs in a dose-dependent manner [170]. Next, they evaluated

fisetin-induced tumor growth and examined the gene expression of tumor tissues in a colorectal cancer patient-derived organoid xenograft (PDOX) model [170]. These findings suggested that fisetin is a potential candidate for the treatment of colorectal cancer.

#### 3.3.6 Icaritin

Icaritin, a natural compound extracted from the Chinese herbal plant *Epimedium*, has recently gained increasing attention due to its superior anti-cancer property [171]. In 2024, Kang et al. established CPDOs using cancer cells obtained from patients with intrahepatic cholangiocarcinoma to verify the therapeutic effect of icaritin [172]. It was observed that the combination of icaritin and gemcitabine plus cisplatin significantly inhibited the proliferation of suppressed CPDOs and effectively progression. The findings suggested a promising avenue for novel therapeutic interventions in intrahepatic cholangiocarcinoma and indicated the substantiated role of icaritin in this specific patient population [172].

## 3.3.7 Oligomeric proanthocyanidins

A group of proanthocyanidins present in grape seed extract, the shorter oligomers of which are called oligomeric proanthocyanidins (OPCs), has been shown the anti-colorectal cancer effect [173]. In 2018, Toden and colleagues collected cancer cells from patients to generate colorectal CPDOs and evaluated the effectiveness of OPCs in CPDOs. Consistent with findings in cancer cell lines and mice xenografts, OPCs consistently suppressed the formation and growth of CPDOs and regulated the expression of cell cycle-associated genes [174, 175]. These data highlighted the promising use of OPCs as a chemopreventive agent in colorectal cancer, with great clinical therapeutic potential.

#### 3.4 Other kinds of compounds

#### 3.4.1 Hormone

Melatonin, a natural amine hormone, is synthesized in the pineal gland of mammals and humans exclusively at night [176]. It has been identified that melatonin possesses a wide range of bioactive effects, such as sleep-wake cycle control, antioxidant, anti-inflammation, anticancer, and so forth [177]. In a study by Zhao *et al.* in 2022, CPDOs were generated from colorectal cancer patients for the purpose of evaluating the synergistic anticancer effects of melatonin and andrographis [178]. The findings confirmed that the combination of melatonin and andrographis exhibited more remarkable

anticancer effect in cancer cells, xenograft animal models, and CPDOs compared with the individual compounds. This provided a potential therapeutic strategy for colorectal cancer [178].

#### 3.4.2 Quinones

Thymoquinone, principle the bioactive constituent of Nigella sativa seeds, has been proven to have potent therapeutic properties in vivo and in vitro models, especially in cancer, where thymoquinone could effectively combat diverse human cancers by modulating different signaling pathways [179]. In 2022, Bitar et al. successfully established CPDOs using tumor samples from colorectal cancer patients with different clinical manifestations and investigated the radiosensitizing effect thymoquinone. of Thymoguinone could radiosensitize cancer stem cells by decreasing both the count and size of CPDOs and suppress stemness and DNA repair mechanisms [180]. Interestingly, they observed that thymoguinone, radiation, and the combination treatments showed different responses in three CPDOs, probably due to differences in their clinical and histopathological characteristics [180].

#### 3.4.3 Coumarins

Decursin is a coumarin extracted from the roots of the medicinal plant *Angelica gigas*. A very recent review in 2024, systematically summarized that decursin has an effective therapeutic role in cancers, which is considered as a promising cancer therapeutic agent because of its potent anticancer activity [181]. A study in 2021 by Kim *et al.* revealed that decursin reduced the growth of spheroids and CPDOs. Consistent with *in vivo* and *in vitro* results, decursin inhibited autophagic flux and decreased the expression of lysosomal protein cathepsin C in CPDOs [182]. This study used gastric CPDOs to further verify the anticancer effects of decursin, enhancing the clinical relevance of *in vitro* findings [182].

#### 3.4.4 Amines

Dehydroabietylamine, also known as leelamine, a natural compound extracted from pine bark, exhibited the antitumor activity in the treatment of many types of cancer [183]. In a very recent study by Ma *et al.* in 2024, CPDOs were successfully constructed and cultured from tumor tissues of patients with gastric cancer to evaluate the inhibitory effect of dehydroabietylamine [184]. They discovered that dehydroabietylamine decreased the viability and suppressed the proliferation of CPDOs, showing the significant dose-dependent effect. These data illustrated the effect of dehydroabietylamine and its

potential for clinical application, providing potential drug candidates for the treatment of gastric cancer [184].

### 3.5 Extract of NPs

# 3.5.1 Ginseng

Ginseng is one of the most valuable and common Chinese medicines and has been used and researched not only in ancient China but also worldwide. Ginseng and its major extracts could significantly inhibit the development of colorectal cancer by different mechanisms [185]. A recent study by Okuno et al. in 2023, they used CPDOs to validate the anticancer activity of ginseng extract. The finding suggested that ginseng inhibited the growth and formation of CPDOs and significantly downregulated the expression of DNMTs in CPDOs [186]. These experimental data showed the anticancer potential of Ginseng in colorectal cancer and laid the groundwork for its clinical application in therapy.

#### 3.5.2 P2Et

A polyphenol-rich extract of *Caesalpinia spinosa* (P2Et) has been reported to possess a tumor-killing effect and to regulate the specific immune response in both breast cancer and melanoma [187]. In a study in 2020, Urueña *et al.* observed that P2Et had significant cytotoxicity to breast CPDOs, and the tumor-killing effect was more apparent in combination with standard chemotherapy. This suggested that P2Et can be used as a favorable co-adjuvant to improve the chemotherapy strategy of antitumor therapy in breast cancer patients [188].

# 4. Challenges and Future Perspectives

In this work, we systematically summarized the application of CPDOs for the study of NPs. However, most current studies focused on the evaluation of drug efficacy, and there were fewer reports on the mechanism study. These studies on mechanisms simply detected the changes in relevant genes and proteins and did not conduct more in-depth studies (Figure 3) [123, 152, 163, 175, 182, 186]. We hope that researchers will be able to utilize CPDOs to further explore specific mechanisms of NPs, for example, gene-deficient CPDOs can be considered [189].

Although CPDOs have significant advantages in simulating human organs and screening anticancer drugs compared with cellular and animal models [190], they inevitably have certain limitations. First of all, different patients have different clinical manifestations and pathological subtypes, so there may be some differences between CPDOs established from the tumor tissues of these patients. As a result,

CPDOs exhibit diverse responses when treated with NPs [136, 146, 163, 167, 180], that lead to the inability of CPDOs to accurately evaluate the efficacy and mechanism of NPs.

We hope to reach an expert consensus that can define a comprehensive quality control guideline of CPDOs and establish a standardized cultivation protocol of CPDOs. This will enable subsequent researchers to better utilize CPDOs to study the efficacy of NPs. We propose the following suggestions. First, the source of patients' tumor tissues used to establish CPDOs should be clear. Second, the clinical manifestations and pathological subtypes of different cancer patients should be strictly distinguished. Moreover, a screening criterion for the inclusion of patient tumor tissues in the establishment of CPDOs should be determined, in order to establish a more standardized culture protocol of CPDOs. Such a criterion should take into account the cancer stages and clinical manifestations of patients, as well as their Besides, a standardized operational guideline should be determined, which includes methods of human tissues obtained from cancer patients by professional doctors and ways of long-term preservation and transportation of the tumor tissues. Additionally, an identification method should also be proposed to judge the success of CPDOs, such as the validation of biomarkers and assessment of genomic stability.

Furthermore, there are some translational gaps between current CPDO-based NP studies and clinical trials. This phenomenon is mainly due to factors such as individual differences in patients, differences in drug pharmacokinetics in vivo, and tumor specificity. For example, pharmacokinetic barriers of NPs in CPDOs are yet to be addressed. The application of suspension culture and agitation can increase the scalability of CPDOs, which will facilitate rapid, personalized, and tumor type-agnostic drug testing in a clinically relevant timeframe [99]. Currently, a variety of CPDO biobanks have been established, including colorectal cancer [52], gastric cancer [191], and kidney cancer [192]. These CPDO biobanks can predict the responses to therapeutic drugs, providing the guidance for drug selection and drug combination therapy for clinical cancer patients. As a further example, it is difficult to exactly match the drug dose settings in CPDOs with those used in clinical applications. At present, PDOX models have been developed to evaluate the performance of NPs in the *in vivo* environments [170]. However, the results obtained from PDOX models and CPDOs are not completely consistent, which may be attributable to the underdose and biological differences between two systems [10]. dose-conversion relationship of NPs between CPDOs and clinical trials should be confirmed, but this needs to be studied and validated experimentally.

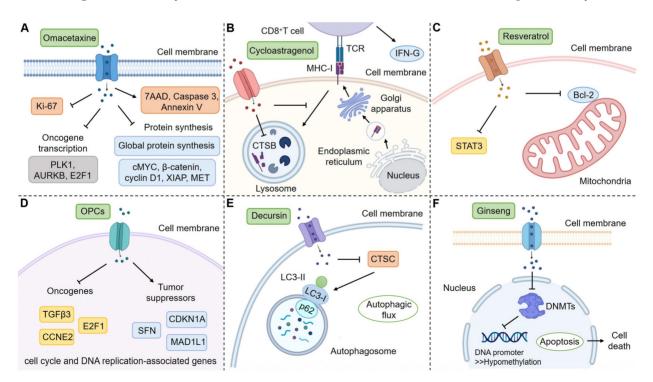


Figure 3. Mechanisms of action of some NPs in CPDOs. CPDOs can be applied to mechanism studies of NPs. (A) Liver CPDOs are applied to explore the mechanism of Omacetaxine. (B) Colorectal CPDOs are applied to explore the mechanism of Cycloastragenol. (C) Breast CPDOs are applied to explore the mechanism of Resveratrol. (D) Colorectal CPDOs are applied to explore the mechanism of OPCs. (E) Gastric CPDOs are applied to explore the mechanism of Decursin. (F) Colorectal CPDOs are applied to explore the mechanism of Ginseng. This figure was created with the help of BioRender (https://www.biorender.com/).

Despite the above challenges, more and more studies have addressed these issues by combining CPDOs with other cells and techniques. CPDOs can be co-cultured with CAFs [69, 105, 106], T lymphocytes [69, 107], PBL [104], MDSCs [107], genetically-engineered cells [81], and other cells, for the study of immune interactions of drugs in cancer. The effects of clinically used anticancer drugs have been demonstrated in co-culture models [105]. Unfortunately, these methods have not yet been applied to the study of NPs. Moreover, microwell array chips [41], microfluidic technology [109-111], 3D bioprinting [112, 113], and network-based machine learning [193] have made some progress in the application of CPDOs in drug research. CPDOs combined with artificial intelligence can accurately predict and analyze the therapeutic effects of anticancer drugs, thereby enhancing drug safety and optimizing the personalized clinical treatment strategy of cancer patients [194].

The study of NPs in these CPDOs has a promising future, despite several challenges such as technical and analytical difficulties. Most importantly, further evidence, particularly those in clinical trials, is required to substantiate the utility of CPDOs in cancer.

#### 5. Conclusions

In summary, CPDOs demonstrate high fidelity in predicting drug sensitivity profiles of primary tumors, establishing themselves as robust preclinical platforms for drug efficacy evaluation and high-throughput screening. With the improvement of cancer organoid technologies, CPDOs will become increasingly valuable for assessing the therapeutic potential and safety profiles of NPs, further validating their promising roles in cancer treatment strategies.

#### Abbreviations

3D: three-dimensional; ADMET: absorption, distribution, metabolism, excretion and toxicity; AFP: alpha-fetoprotein; ALI: air-liquid interface; AMACR: alpha-methylacyl-CoA racemase; AO: organoid; AR: androgen receptor; AR-V7: androgen receptor variant 7; BLBP: brain lipid-binding protein; CAFs: cancer-associated fibroblasts; CAR: chimeric antigen receptor; CD: cluster of differentiation; CDH17: cadherin 17; CDX2: caudal type homeobox 2; CEA: carcinoembryonic antigen; CHGA: chromogranin A; CK: cytokeratin; CK-pan: pan-cytokeratin; CPDOs: cancer patient-derived organoids; CXCR4: C-X-C chemokine receptor 4; DCX: doublecortin; EGF: epidermal growth factor; EGFR: epidermal growth factor receptor; ENO2: enolase 2; EpCAM: epithelial cell adhesion molecule; ER: estrogen receptor; Era: estrogen receptor alpha; FGF: fibroblast growth factor; GATA6: GATA binding protein 6; GFAP: glial fibrillary acidic protein; GPC3: glypican 3; GS: glutamine synthetase; HER2: human epidermal growth factor receptor 2; HGF: hepatocyte growth factor; HIF: hypoxia-inducible factor; HOPX: HOP homeobox; HOXB13: homeobox B13; HSP70: heat shock protein 70; IARC: International Agency for Research on Cancer; IBA1: allograft inflammatory factor 1; KLK3: kallikrein related peptidase 3; KRT: LIN: liensinine perchlorate; MAPK: mitogen-activated protein MDSCs: kinase; MET: myeloid-derived suppressor cells: mesenchymal-epithelial transition factor; MUC: mucin; NK: natural killer; NKX3.1: NK3 homeobox 1; NPs: natural products; NSCLC: non-small cells lung cancer; OLIG2: oligodendrocyte transcription factor 2; OPCs: oligomeric proanthocyanidins; p38: protein 38; p40: protein 40; p53: protein 53; p63: protein 63; PAX2: paired box 2; PAX8: paired box 8; PBL: peripheral blood lymphocytes; PD-1: programmed cell death protein 1; PDCs: patient-derived cancer cells; PDOX: patient-derived organoid xenograft; PDX1: pancreatic duodenal homeobox 1; PDXs: patient-derived xenografts; PI3K/AKT: phosphatidylinositol 3-kinase/protein kinase B; PR: progesterone receptor; PSA: prostate-specific antigen; PSCs: pancreatic stellate cells; PSMA: prostate-specific membrane antigen; S100B: S100 calcium binding protein B; SOX: SRY-box transcription factor; STAT3: signal transducer and activator of transcription 3; SYP: TGF-β: transforming synaptophysin; factor-beta; TME: tumor microenvironment; TP53: tumor protein 53; TTF-1: thyroid transcription factor-1; VCAM1: vascular cell adhesion molecule 1; WT1: wilms' tumor 1; ZIP14: ZRT/IRT-like protein 14.

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#### **Author contributions**

Shuxin Liu and Ren Zhang wrote the first draft. Yachen Liu checked the literature. Xian Lin and Jian Chen conceived the study, edited and revised the manuscript. All authors read and approved the final version of manuscript.

# **Competing Interests**

The authors have declared that no competing interest exists.

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